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NEWS WORTH SHARING.

Buck that bucket list, says Chris Hadfield

Don't judge your success by what you've yet to accomplish, former astronaut tells Vancouver audience PAGE 6

WHAT TO WATCH IN SOCHI

• **7 a.m.** Patrick Chan has a chance to become the first Canadian to win men's figure-skating gold. He's second after the short program but less than four points off the top spot.

• **9 a.m.** Team Canada is back on the ice, looking to improve to 2-0 after beating Norway. Roberto Luongo and the boys will face Austria in the second of three preliminary-round games. GREG DOWNS/FOR METRO

The flowers go in the compost bin

PlentyOfFish. Roses can't compare to the joy of chocolate, says new data pegging single Vancouverites as among the most romantic in Canada

EMILY JACKSON
emily.jackson@metronews.ca

Happy Valentine's Day
Silk & Satin Heart
An assortment of mini creams, truffles, nuts and clusters in a beautiful velvet box
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A Rogers' Chocolates shop in Gastown sells chocolates in heart-shaped boxes to celebrate Valentine's Day. According to an analysis by dating website PlentyOfFish.com, you can't go wrong with sweets for your sweetheart. EMILY JACKSON/METRO

Buy 'em chocolates and leave the flowers behind.

Single ladies in Greater Vancouver apparently like sweets 3.5 times more than they like stems, according to a sample of 10,000 local women who use PlentyOfFish.com, the world's largest free online dating website.

Just in time for Valentine's Day, the Vancouver-based virtual matchmaker analyzed Canadians' romantic tendencies by mining data from the profiles of 800,000 single people across the country.

It used an algorithm that searched for popular romantic phrases that singles voluntarily added to their profiles, including "holding hands," "summer sunsets," "cuddling by the fire," "long walks on the beach" and "candlelit dinners."

Even though Vancouver is known as a city where it's hard to make friends and where people are at risk of social isolation, according to studies by the Vancouver Foundation and Vancouver Coastal Health, it turns out single residents are pretty lovey-dovey.

Vancouver singles are 22 per cent more romantic than the national average, making the city the second-most romantic in Canada after Victoria.

While single women in the city are 43 per cent more romantic than single men, local guys are still 39 per cent more romantic than the average Canadian Joe.

B.C. earned the spot as the most romantic province. The research matches data from Amazon.ca, which also found that B.C. residents love love based on their affinity for romance novels, relationship books, and music by Barry White and Michael Bublé.

But there are also data to help singles who cringe at the thought of candlelit dinners on fine linens.

Those looking for a no-frills kind of love should head to the Prairies. Regina is the least-romantic city in the country, followed closely by Saskatoon.

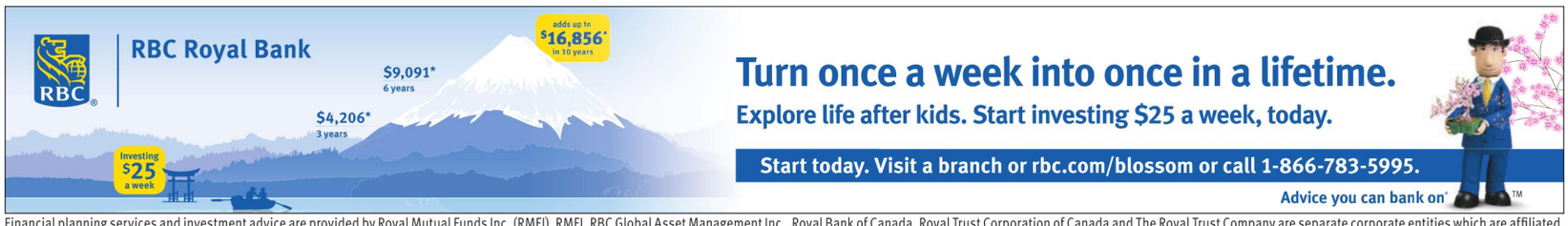
Results

Top 5 romantic cities:

- 1) Victoria
- 2) Vancouver
- 3) Kitchener, Ont.
- 4) Winnipeg
- 5) Montreal

Top 5 romantic provinces:

- 1) B.C.
- 2) Manitoba
- 3) Alberta/Ontario
- 4) Nova Scotia
- 5) P.E.I.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Stoking strike?

Court documents on B.C. teacher negotiations 'out of context': Premier

Court transcripts that have fuelled claims the British Columbia government attempted to provoke a teachers' strike during heated contract negotiations have been taken out of context, Premier Christy Clark said Thursday.

Clark's Liberal government has been under fire since a judge ruled last month that legislation around teacher bargaining was unconstitutional and that the government intentionally attempted to trigger a strike.

The NDP added to the flames on Wednesday, as members of the Opposition caucus read from excerpts of trial transcripts, which appeared to show the government's lead negotiator acknowledge such a plan.

The transcripts read in the legislature were from the cross-examination of Paul Straszak, the former negotiator for the employer.

Straszak was asked whether the government's objective two years ago was to "increase the pressure on teachers to have them go out on a full-scale strike," NDP Leader Adrian Dix told the legislature.

Straszak replied, "Yes. I'll say that's correct," Dix said.

But Clark suggested the transcripts released by the NDP don't tell the whole story.

"The NDP have released snippets — out of context — of information from the court," Clark said at an unrelated announcement in Vancouver on Thursday.

THE CANADIAN PRESS

Smoke rises from the Babine Forest Products mill in Burns Lake on Jan. 22, 2012. JONATHAN HAYWARD/THE CANADIAN PRESS

WorkSafeBC botched saw mill probe: Clark

'This must be fixed.' Investigative errors rendered evidence in Burns Lake blast — which killed 2 people — inadmissible in court

WorkSafeBC failed to deliver the highest standard of investigation into the Babine Forest Products saw mill explosion, Premier Christy Clark scathed.

A month after the Criminal Justice Branch announced no regulatory charges will be approved in the 2012 Burns Lake blast — which killed Robert Luggi and Carl Charlie and injured 20 others — Clark said she is "deeply disappointed" errors made by WorkSafeBC investigators rendered important evidence inadmissible in court.

"I'm deeply disappointed with the way WorkSafe conducted this investigation," Clark said Thursday, upon the release of the John Dyble report she ordered to review the investigation. "This must be fixed."

Clark said the Criminal Justice Branch warned WorkSafeBC repeatedly over the years about following the proper rules for collecting evidence.

"We do know that WorkSafe was advised of these legal issues," she said. "It has had an impact. We need to be concerned about all the serious investigations that are on the way, that's why we're moving with such haste."

NDP MLA Harry Bains said Clark's tough talk doesn't go far enough.

"The families have lost trust in the premier and the justice system," Bains said. "No one is going to be held accountable in what (WorkSafe) said was a preventable incident. We need an independent eye put on this whole mess."

B.C. Federation of Labour president Jim Sinclair disagreed all the blame should be cast upon WorkSafeBC.

He said the Criminal Justice Branch has a history of not approving charges in workplace-related death and said that four of the six recommended charges in the Burns Lake explosion were rejected not because of tainted evidence, but because the branch decided the likelihood of conviction was not high enough.

With no public inquiry on the horizon, he hopes a coroner's inquest provides to be an effective vehicle for change.

"That's where we've seen the most success," he said.

MATT KIELTYKA/METRO

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Low-income tenants illegally evicted blocks from city hall

Plea for aid. Landlord plans to demolish the building but has not yet received a permit

EMILY JACKSON
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Seniors and low-income residents say the city needs to step up after their landlord illegally evicted them from their apartments mere blocks away from city hall.

The landlord issued eviction notices to the 18 tenants at Cambie and 7th Avenue in December, saying the building was being demolished to build corporate offices.

But the eviction broke the Residential Tenancy Act, as the landlord did not — and has not — received a demolition permit from the city.

The tenants filed a dispute under provincial laws that will be heard in April, but their future remains uncertain.

Michael Burke, who has lived for six years in the building where rents range from $335 to $385, has nowhere to go if he's kicked out, he said at a news conference held Thursday by the Pivot Legal Society and Social Housing Alliance.

Burke, a former crane operator who worked on the Olympic Village, can no longer work due to a severe illness and gets by on government assistance. He's more than happy to move, but there are waiting lists for social housing and he says he's been rejected from some because he's not hard to house.

"In the meantime, cheap affordable housing like this is being torn down," he said. "They've got a mandate to end homelessness — let's start now."

Pivot lawyer DJ Larkin respects the landlord's right to change his business — and it's no surprise he wants to, along the desirable transit corridor where the city promotes density — but said the city shouldn't reward his illegal activity.

The city should not grant a permit or should demand that the landlord build housing on top of the new building, Larkin said.

For its part, the city says it has offered to help the tenants file a complaint with the residential tenancy branch.

Mayor Gregor Robertson will ask staff to report back on extra steps the city could take to protect renters' rights and how to support renters facing this type of eviction, according to the mayor's office.

If not now, when?

"They've got a mandate to end homelessness — let's start now."

Michael Burke, a former crane operator who is facing eviction

Michael Burke is being illegally evicted from his home at Cambie and 7th Avenue. EMILY JACKSON/METRO

Injection site seeks approval after 12 years in operation

The Dr. Peter Centre in Vancouver's West End has submitted a formal application to Health Canada for an exemption from Canada's drug laws. METRO FILE

The supervised injection site at Vancouver's Dr. Peter Centre has been open for 12 years without approval from Health Canada.

Vancouver Coastal Health and the Dr. Peter AIDS Foundation announced Thursday that they have submitted an application to Health Canada for an exemption from federal drug laws to finally clear the legal air about its status.

The centre has been providing a nurse-supervised injection space since it and Insite jointly applied in 2003.

Insite was approved, but an apparent clerical error meant the Dr. Peter Centre's injection site has been operating without the required approvals for more than a decade.

"They thought it had been granted," said VCH chief medical health officer Dr. Patricia Daly.

Daly said there have been no legal or regulatory issues with the existence of the injection site, but formal approval would allow the health authority to roll supervised injection services into other health-care services in the future.

Maxine Davis, executive director of the Dr. Peter Centre, says its renewed application includes letters of support from the City of Vancouver, government of British Columbia, Vancouver Police Department, West End Residents Association, West End Business Improvement Association and many other organizations.

Given the federal government's firm opposition to supervised injection sites, she preferred not to speculate on what a denial would mean.

"We'd certainly need to consider our legal options at that point," she said, stressing that supervised injections are a legal medical service.

MATT KIELTYKA/METRO

Council to vote on updated street-vending rules

The Wild West economy for food-vending permits will soon end on Vancouver's streets.

City council will vote on a bylaw next week that will prohibit reselling permits for locations to sell food.

Last fall, some vendors complained that permit holders were selling spaces at 10 times the city's rate, to the tune of up to $10,000 per year.

The new bylaw will also limit the number of permits a company can hold to four, to give independent businesses a shot, said Coun. Heather Deal on Thursday.

"It's going to help level the playing field so everyone is paying appropriate fees," Deal said.

The bylaw will also stop vendors from setting up within 100 metres of a restaurant that sells a similar product in order to quell restaurant concerns.

But since the law deals with street vending in general, there will also be a grab bag of changes to patios, farmers' markets and stands out on the street.

Catalyst

"No one expected to see the boom in food carts."

Coun. Heather Deal, saying the bylaw, created in the '70s, is in need of an update.

As it stands, it is illegal to sell anything other than flowers or produce outside one's shop. The new rules will be expanded to allow owners to display things like books and clothes outside, as many already do.

And in great news for patio lovers, the city will continue a pilot program to extend patio hours to midnight for establishments that haven't received public complaints in a year.

The city started the pilot in late August but didn't get a good sense of how it worked because of cold weather and early nights. EMILY JACKSON/METRO

Hot dogs are served from the Dougie Dog food truck at Vancouver City Hall in May 2013. ERIC DREGER/THE CANADIAN PRESS FILE

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Room, but not bored. New game facility is a lock for those looking for escapism

A new game facility that locks participants in a room from which they must escape has opened in Richmond.

EXIT has four themed rooms: The Lost Ship, Ancient Egypt, Prison Escape and Laboratory Escape. Groups of two to six people have 45 minutes to figure out how to get out by using critical thinking skills to solve challenges and riddles.

"It involves a lot of different skills to solve," said owner Justin Tang, who discovered the concept in his homeland of Hong Kong, where it is wildly popular.

"You need some basic math, and you need teamwork, so it's not only thinking, it might be some action where you have to co-operate with a teammate."

The "real-life escape-room" business was inspired several years ago by "escape room" video games popularized in Japan, and has already taken off in the U.S., England, Switzerland, Japan, Taiwan, Malaysia, Thailand and China.

Swiss company AdventureRooms has a similar facility in Kitchener, Ont., but EXIT is the first on Canada's West Coast.

Tang said business is booming and he has already had about 7,000 players come through since he opened in October.

For more info, visit e-exit.ca.

KATE WEBB/METRO

Whistler. Police hunt for man they say made an illegal jump from gondola

Police will be recommending charges of mischief over $5,000 against a 25-year-old man who made an illegal base jump from a gondola at Whistler Mountain.

A video of the jump posted to YouTube shows a man and woman in a cabin on the Peak 2 Peak gondola, which connects Whistler and Blackcomb mountains. In the video, shot with a helmet cam, the man forces the cabin door open and leaps off.

RCMP Staff Sgt. Steve LeClair said Thursday that Mounties are looking for a man believed to be living in Vancouver but originally from Ontario.

He said a 23-year-old woman was arrested at work on Wednesday after the video of the stunt, which occurred on Feb. 6, was posted to the web.

The woman was first interviewed after she stepped out of the gondola, which LeClair said incurred more than $10,000 in damage.

"As the investigation progressed, it became apparent that she wasn't truthful in that first interview," he said.

Charges of obstruction of justice and mischief over $5,000 will be recommended against her, and she is scheduled to make her first court appearance on April 2, LeClair said. THE CANADIAN PRESS

Beating caught on video

Accused rioter denies hitting man

An alleged rioter has denied in court any involvement in the beating of a man who tried to protect a Vancouver department store during the Stanley Cup riot.

Carlos Barahona Villeda says one of his friends punched MacKay, but he insists that he never touched the man.

Barahona Villeda, along with Ioannis Kangles, Michael MacDonald and David Leonati, are charged with assault and for participating in a riot. All have pleaded not guilty. THE CANADIAN PRESS

Young offenders

High schoolers facing child porn charges

Three high school students have been charged with distributing child pornography in connection with material exchanged between students at several high schools in Interior B.C.

Police say the students involved are under 18 and that the case involves a sensitive and emotional subject. The names of the teens won't be released because they are young offenders. THE CANADIAN PRESS

Canadian astronaut Chris Hadfield poses for photos in front of Apollo 10 in London, England, on Dec. 16. BETHANY CLARKE/GETTY IMAGES

Kick the bucket list, Hadfield says

Dream little dreams 'every day.' Canadian astronaut says it's important not to judge life by what you have or haven't accomplished

KATE WEBB
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Chris Hadfield has a message for anyone with a daunting, lifelong bucket list: Scrap it and start fresh every day.

He explained his philosophy during a stop in Vancouver on Thursday to speak at the XL Leadership Summit at the Fairmont Hotel.

Much of his talk on leadership reiterated points made in his bestselling book, An Astronaut's Guide to Life on Earth. But at one point during the Q&A someone asked the former International Space Station commander how he reconciles having completed his dreams in life, and his response captured the audience every bit as much as his live performance of I.S.S. (Is Somebody Singing).

"My actual dream was to walk on the moon, and I've never done that, so by definition I could say I'm a failure, because I didn't do what I dreamed of doing," he told Metro afterward. "To me, that parallels most people's ideas of their own bucket list … I don't like the idea, because it becomes a way of evaluating your success in life based on how many things you carry in your bucket, or how many things you didn't get done in your bucket, so by definition you are evaluating your success in life by a partially full bucket."

His argument supports the famous quote by American philanthropist W. Clement Stone: "Aim for the moon. If you miss, you may hit a star."

"I've been really lucky to fly in space three times, but I liked all the other stuff that happened (along the way)," he said, "and the key out of that is, every single day I try to fill up my bucket. Every day. And then I dump it out at night and I start the next day with an empty bucket again."

When asked what fills his bucket now that he's back on Earth, he talked about everything from sunshine, to the type of granola he had for breakfast, to studying a seagull that landed on his windowsill.

"Don't wait for complex joys to enjoy yourself," he said.

"Why would you?"

Panel urged to deny B.C. law school's accreditation over its stance on gay marriage

Lawyers and legal experts urged Nova Scotia's bar society to deny accreditation to a proposed law school in B.C., arguing the university's policy that prohibits same-sex intimacy is discriminatory.

More than two-dozen people went before the Nova Scotia Barristers' Society on Thursday to make submissions on whether it should recognize degrees from Langley's Trinity Western University, a faith-based institution that wants to open a law school in 2016.

The majority strongly condemned the university's prohibition of intimacy and marriages between same-sex couples, which is spelled out in its covenant that says "sexual intimacy is reserved for marriage between one man and one woman."

Elaine Craig, a faculty member at the Schulich School of Law at Dalhousie University, told the society panel that endorsing the institution would amount to sanctioning "blatant and explicit discrimination."

"Trinity Western's community covenant discriminates on the basis of sexual orientation," she said. "It should be patently obvious from a moral and ethical perspective."

THE CANADIAN PRESS

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0% financing

$76 bi-weekly payments include the $640 Throwback Pricing Incentive. Payments are based on 2014 Forte LX MT (FO34EL). After 15 months, bi-weekly payments increase to $96. Throwback pricing incentive may be taken as a lump sum or to reduce the financed amount.‡

Rio5 SX with Navigation shown

THE NEW 2014 **RIO** SEDAN

hwy / city 100km 5.3L/7.5L

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CSEC. Watchdog review clears spy agency's airport data experiment

A federal watchdog says Canada's electronic eavesdropping agency did not invade the online activities of Canadians during a controversial study of wireless communication at airports.

The independent body that monitors Communications Security Establishment Canada says the spy agency's effort wasn't about mass surveillance or the tracking of Canadians.

A CSEC document obtained by CBC — originally leaked by former U.S. spy contractor Edward Snowden — suggested information was taken from an unidentified Canadian airport's free Wi-Fi system over a two-week period.

In a new posting on its website, the CSEC watchdog says it has since questioned eavesdropping agency employees about the project.

It says the effort was used by CSEC to understand global communication networks and was not directed at Canadians or people in Canada.

THE CANADIAN PRESS

Infrastructure. Cash to flow to both big cities and small towns, says Harper

Prime Minister Stephen Harper says a $14-billion infrastructure fund will help out both big cities and smaller communities alike.

The cash from the New Building Canada Fund will be doled out to provinces and municipalities over the next decade starting this spring.

Harper says the framework to distribute the money has now been completed.

Nearly $10 billion has been set aside for infrastructure and community projects in the provinces and territories — with $1 billion of that earmarked for communities with populations under 100,000. Another $4 billion is set aside for projects of "national significance."

Ottawa will contribute up to half the total cost of projects dealing with provincial highways and major roads as well as public transit, while pitching in one-third for others.

The infrastructure money was originally announced in the 2013 federal budget.

THE CANADIAN PRESS

Russia

IOC presses Sochi organizers over jailed activist

The International Olympic Committee has asked Russian authorities to clarify why an activist who criticized the environmental impact of Olympic construction in Sochi has been sentenced to three years in prison.

Yevgeny Vitishko was sentenced Wednesday for spray-painting a fence of a property in a forest where construction is banned, according to his lawyer.

Human Rights Watch urged the IOC to press Russian authorities to free him.

IOC spokesman Mark Adams said Vitishko's sentence involved a "matter that was not in relation to the Olympic Games."

THE ASSOCIATED PRESS

Florida

Man sentenced to life for killing ex-reporter

A fantasy game enthusiast was sentenced to life in prison Thursday for beating a former Pensacola newspaper reporter to death with a hammer and burying his body in a concrete-covered pit in Georgia.

William Cormier III was so desperate for money that he killed Sean Dugas in the fall of 2012 so he could steal his $100,000 collection of fantasy role-playing cards for the game Magic: The Gathering, prosecutors said.

Jurors convicted Cormier of first-degree murder after a little more than an hour of deliberations. Cormier showed no reaction as the verdict was read. Dugas' parents broke down in sobs as the verdict was read.

THE ASSOCIATED PRESS

Is our focus on hockey a detriment in Sochi?

Team Canada fans show support for the women's hockey team during a 3-2 win over Team USA at the Sochi Winter Olympics on Wednesday.

ADRIAN WYLD/THE CANADIAN PRESS

Sochi. Expert says the rest of Canada could learn something from Quebec, which does a good job of supporting all athletes — not just ones from the NHL

DAVE LANGFORD
Metro in London

At noon EST Thursday, the Olympics in Sochi changed — and some people are suggesting not for the better.

That was when the Canadian men's hockey team took to the ice against Norway and began their 11-day pursuit of the Olympic gold medal.

So despite Patrick Chan beginning his chase for the elusive Canadian dream of winning the first men's singles figure-skating title, most Canadians glued to TV sets in homes, offices and bars wanted to watch Sidney Crosby, Drew Doughty and other NHLers.

Dr. Janice Forsyth, director of the International Centre for Olympic Studies at Western University, said the non-NHL athletes need more support, at least for the 17 days of the Sochi Games.

Canada's hockey obsession

"In terms of trying to support the other athletes ... it's not necessarily a good thing."

Dr. Janice Forsyth, on the attention paid to the men's Olympic hockey team.

"This intensive focus that we have on hockey is understandable from a cultural point of view, but I think the media isn't doing our athletes in our sport system any favours by not giving the other athletes their due attention," Forsyth said.

Forsyth said even though the women's hockey coverage has improved, it has nowhere near the same interest as the men.

"In Canada, there is just that intensive focus that we have on hockey — and it's mostly around men's hockey, let's face it. It's really challenging when you don't see the other athletes getting as much attention," she said.

Forsyth said the focus on men's hockey is a "detriment to the other sports."

"It's because the NHL is taking a break and they're trying to generate excitement from the NHL crowd in the Olympic Games, just spinning the NHL model a different way, this time where the athletes actually represent their country," she said.

"In terms of trying to support the other athletes and generating support, it's not necessarily a good thing."

There is more balanced coverage of all athletes in Quebec, she said.

"We could actually learn a lesson from Quebec because they really do hold up their athletes as role models, and not just the hockey players," Forsyth said.

"They've got a really good funding base in the province, they've got good opportunities for sponsors — of course corporate sponsors step up the plate — and media is very supportive of all of the athletes."

Second zoo may kill giraffe

Death threats sent to Copenhagen Zoo, which last weekend killed a healthy giraffe named Marius and fed it to lions in front of a young audience, have not deterred another Danish zoo from the same course of action.

Jyllands Park Zoo is seeking a female giraffe that would replace one of its two males — a seven-year-old, also named Marius. The zoo claims the animal could not stay without threatening the breeding programme, and would be difficult to re-house.

"If we are told we have to euthanize (the giraffe) we would of course do that," Jyllands Park zookeeper Janni Løjtved Poulsen told Denmark's TV2, adding that she was "completely behind" Copenhagen Zoo's decision.

An online petition demanding Jyllands Park "transfer (Marius) to alternative accommodation and spare his life" reached 4,000 signatures in a matter of hours. A spokesman for animal welfare group PETA gave support for the campaign: "Zoos keep animals on display like living museum exhibits and dispose of them when they become inconvenient."

KIERON MONKS/METRO WORLD NEWS

Another zoo is considering killing a healthy giraffe. GETTY IMAGES FILE

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Afghan women protest domestic violence law

Article 26 limits justice for abused.
100 women march through Kabul

Afghan women marched in Kabul on Thursday to protest violence against women and decry a new draft law that activists say will severely limit justice for victims of domestic abuse.

Afghanistan's parliament recently passed a new criminal procedure code that would ban people from testifying against their own relatives.

Legal experts say the law would curb prosecutions involving violence against women, where relatives are often the only witnesses.

While the new legislation, known as Article 26, does not specifically mention women or domestic violence, it bars a broad swath of "relatives" from acting as witnesses, which presents a problem in a country where women are often cloistered at home and the bulk of violence committed against them is either by or in front of family members.

In practice, legal experts say, it would mean that a woman cannot testify that her uncle raped her, that a mother who sees her daughter beaten by her father or brother cannot testify, that family members witnessing a young woman being forced into marriage by her father cannot be used in a prosecution, and that a sister or brother who witnesses an honour killing cannot be questioned. THE ASSOCIATED PRESS

Afghan women protest in Kabul Thursday a new draft law that they say will limit justice for victims of domestic abuse. MASSOUD HOSSAINI/THE ASSOCIATED PRESS

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Ottawa human trafficking

Man gets 6 years for forcing teen into prostitution

A Montreal man convicted of human trafficking in Ottawa has been sentenced to six years in prison for forcing an orphaned teenaged girl into prostitution.

Court heard Jamie Byron, 24, lured his 17-year-old victim from her home in Windsor, Ont., and forced her to travel between several cities working as a prostitute. THE CANADIAN PRESS

Scotland independence

Walk away, lose the pound, U.K warns Scots

Scotland has been warned. If it votes to leave the United Kingdom later this year, then it walks away from the pound.

That's the hard-line and potentially game-changing message presented Thursday by U.K. Treasury chief George Osborne, who ruled out a currency union in a speech in the Scottish capital of Edinburgh. THE ASSOCIATED PRESS

Blasts rock Baghdad market

Iraqi firefighters battle a blaze caused by two simultaneous bomb blasts that killed at least five people and wounded 15 in Baghdad's Al-Arabi wholesale market Thursday. A police officer said two bombs were hidden in clothing stalls. The bombings took place as Iraqi security forces and allied Sunni tribal militias are battling al-Qaida-linked militants who have seized significant areas in the country's west since late December. KARIM KADIM/THE ASSOCIATED PRESS

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Forte SX shown

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Rio5 SX with Navigation shown

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Market Minute

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How to protect consumers?

Goliath Comcast grows even larger with Time Warner

With a single behemoth purchase, Comcast is creating a dominant force in American entertainment and presenting federal regulators with an equally outsized quandary: How should they handle a conglomerate that promises to improve cable TV and Internet service to millions of homes but also consolidates unprecedented control of what viewers watch and download?

Comcast, which was already the No. 1 pay TV and Internet provider in America, says its $45.2 billion US purchase of Time Warner Cable will provide faster, more reliable service to more customers. THE ASSOCIATED PRESS

Lac-Mégantic victims aim to add Ottawa to lawsuit

Quebec train disaster.
Class-action suit has expanded, claiming government was 'grossly negligent' in oversight

Victims of the Lac-Mégantic train disaster aim to sue Ottawa for allegedly failing to prevent a railway with the poorest safety record in North America from shipping highly explosive cargo through their town.

A runaway train carrying crude oil derailed last summer and exploded in the centre of the Quebec community, killing 47 people and destroying part of the downtown core.

The lead lawyer for an existing class-action suit has now expanded the long list of defendants to include the Attorney General of Canada, which delegates regulatory powers to the Canadian Transportation Agency and Transport Canada.

In the document, lead lawyer Daniel Larochelle alleges Transport Canada did not sufficiently sanction the Montreal, Maine & Atlantic Railway, even though the department was aware of the company's repeated violations, including train drivers allegedly failing to apply a sufficient number of brakes.

THE CANADIAN PRESS

First filed in July

The class-action was first registered in July and targets numerous defendants, including the MM&A, its chairman Ed Burkhardt, train driver Tom Harding and companies allegedly responsible for the crude oil on board the train.

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Roses are red, violets are blue, flowers take a long route to you

A group of U.S. Customs and Border Protection officials check imported flowers at Miami International Airport on Jan. 9. Before millions of Americans can present their loved ones with a bouquet of Valentine's Day roses, most of the flowers are flown from Colombia and Ecuador to Miami, many in the bellies of passenger planes. THE ASSOCIATED PRESS

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THE METRO LIST

Mike Benhaim
metronews.ca

1 #GoCanadaGo. There's no greater story than three hot sisters representing our country at the Olympics. The fact that two of them beat everyone else was just a welcome bonus. To the Dufour-Lapointe family of Quebec, I say "Bravo!" because they deserve it, and also because it's the same word in French and I don't want to offend Pauline Marois.

2 What a luger. After finishing 22nd in men's luge, American Tucker West became talk of the tweets when his dad told the world he was single and shy. Moments later he had prom invitations, marriage proposals, and I imagine, some freaky propositions. Like I always suspected: Ladies love luge. #TeamTucker

3 American Idol. Fresh off their flights, contestants were assembled at an airport hangar outside LAX where some were asked to re-audition. Judges divided the group into one bus headed for the hotel, and another directly back to the airport. They could have done it before departure, but apparently once you tell someone they're going to Hollywood, you actually have to take them to Hollywood.

4 Playing ball. Missouri college football star Michael Sam declared his homosexuality and lit up every media possible. Some of the NFL's execs and coaches issued an "anonymous" statement to Sports Illustrated saying that they expect Sam's draft position to drop, and added "I don't think football is ready for an openly gay player yet." It's true, the NFL is not ready to handle the fact that those are their best players.

5 Bieb-wacked. Blake Griffin is the star power forward for the L.A. Clippers: 24 years-old, an all-star, rich, talented and possessing an inspirational work ethic. A hero. So when a false rumour circulated that Griffin intervened during a Justin Bieber meltdown at a Starbucks in West Hollywood, and slapped the young singer, it spread across social media like wildfire. Why? Because so many of us wanted it to be true.

6 Polly-Wolly Doodle. The good ship lollipop sailed into the sunset this week when the world lost one of Hollywood's earliest movie megastars in Shirley Temple. Even more surprising was the outpouring of love from people of all ages who cited Temple as their inspiration. If there's a Twitter in heaven (and let's face it, there must be), then she would be very proud of her legacy. #RIP-Shirley

7 To my wifey. I'll just say this: Whatever anyone thinks of me, it would be much worse if I didn't have you. Happy Valentine's Day. If ever there were a time to let your significant other know how special he or she is, it's today. Gift, card, candy — as long as it comes from the heart. You can make an online proclamation of affection (or mention your special someone in a newspaper column) but beware that what you're really saying is, "I ain't spending no $100 on flowers!"

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ZOOM

Ahead of the rest in Sochi

Hurtling headfirst down an icy track at 125 kilometres per hour without brakes takes skill. And thanks to their helmets, the Canadian Olympic skeleton team does it in style. THE CANADIAN PRESS

1. Sarah Reid, from Calgary, heads down the track wearing the face of a stylized corpse with a maple leaf backdrop. DITA ALANGKARA/THE CANADIAN PRESS

2. Eric Neilson of Kelowna, B.C., touches on the dark side with his demon head and piercing eyes. DITA ALANGKARA/THE CANADIAN PRESS

4. Mellisa Hollingsworth, a native of Eckville, Alta., dug into her love of sliding and horses with a horse skull design. DOUG PENSINGER/GETTY IMAGES

3. John Fairbairn, from Calgary, has decorated his brain bucket with a glowing brain. DITA ALANGKARA/THE CANADIAN PRESS

Sarah Reid

"The girl on the front is kind of feminine and girly ... I'm a bit of a girly girl. But I'm in kind of a hardcore sport so it's a Day of the Dead image."

Eric Neilson

"There's two sides of me. There's a fun, happy go-lucky kind of guy and then there's a guy that's kind of all business ... So when I put the helmet on, it's kind of business time."

John Fairbairn

"We were racing at a track in Germany a number of years ago and the track announcer started calling me Fairbrain. And one of our (coaches) kind of picked up on that."

Mellisa Hollingsworth

"I grew up on a ranch in Alberta. Horses have been a part of my life. The last couple of summers I've competed professionally in barrel racing, (on) the rodeo circuit."

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

Listen. Don't panic if you're just learning this now, but today is Valentine's Day. There's still time to make things right, and you can handle it all via your smartphone — which is your actual true love, anyway.

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Telegram Stop:

Is your target savvy enough to see through your Shuttersong scrambling? This app allows you to type a message that will then be sent to your paramour's mailbox as a classic, old school telegram. Like 1800s classic. "What, your valentine didn't arrive? Last time I trust wild west technology for something so important!" Smooth. (iOS/$7.15 per telegram)

My Valentine Recipes:

Sharper in the kitchen than you are with your diction? Put the love notes aside in favour of more than 100 romance-themed dishes and desserts, complete with easy to follow instructions and a simple shopping list creator to make the Valentine's Day rush quicker. Though, any day is a good day for a bloody mary shrimp cocktail. (iOS/$0.99)

Twitter

@metropicks asked: .@Barbie graces Sports Illustrated cover and is 'unapologetic.' What message does it send?

@Canucklehead_ca: Meh. @Barbie is no less plastic than most of the previous covers. Only thing possibly offensive is the blatant commercialism.

@mtlkeith: Its a freakin doll.:((

@theReal_KPHILL: @Barbie @mattel is getting desperate creating controversy, Barbie can't compete to today's youth influences.

@roboramma: that they ran out of ideas and this was their last resort? @Barbie #goodwork

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Marina Kromhout – Nanaimo, BC

Sandor Csepeli – Vancouver, BC

Marcel Cadogan – Surrey, BC

Lawrence Page – Surrey, BC

Brad Atkins - Abbotsford, BC

Asa Allen – Mackenzie, BC

10

11

12

9 WINNERS, 3 MORE TO GO. YOU COULD BE NEXT.

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Synopsis

Just in time for Valentine's Day comes Winter's Tale, the romantic time travel tale of Peter Lake (Colin Farrell), a turn-of-the-last century burglar who comes across the love of his life while robbing a mansion he thought was empty. Beverly Penn (Downton Abbey's Jessica Brown Findlay), the beautiful-but-doomed daughter of a wealthy newspaper tycoon, is a precocious and philosophical young woman with just months to live. He wants to save her, but first he must save himself from evil crime lord Pearly Soames (Russell Crowe), a brutal man who wants Lake dead. Then, in a twist suggested by the Brothers Grimm, he finds himself thrust 100 years into the future with only the faded memory of Beverly and a white guardian angel horse as company.

- Richard: ●○○○○
- Mark: ●●○○○

It's a testament to Colin Farrell's charm that Winter's Tale doesn't completely fall flat. CONTRIBUTED

Lovers in a mystical time

Winter's Tale. The Reel Guys aren't buying this Colin-Farrell-fronted story of love, time travel and a flying horse

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Richard: Mark, I am not a cold-hearted man. I like love stories as much as anyone and, as a fan of Say Anything, almost well up whenever I hear Peter Gabriel's In Your Eyes. But the sledgehammer romance of Winter's Tale left me feeling bruised rather than buoyed. The mix of metaphysical romance, magic realism and demonic revenge is a strange stew that worked well in the book by Mark Helprin but seems to have lost something in the translation to the screen. I feel the sight of Colin Farrell flying above New York on a winged Pegasus is best left in the mind's eye.

Mark: Richard, sometime in the '80s, I was dating a girl who gave me a copy of the book, which she said was the "greatest novel of all time." I read about a third of it, tossed it on the floor, and subsequently broke up with her. So obviously the story, with its magic/tragic, hocus/pocus view of romance isn't for me. This is not a poorly made movie. It's lovely to look at, has some fine acting, and has a lot of good dialogue mixed in with the bad. But Richard, there's a magic horse in it. That horse will separate those who will be enthralled by the film from those who think it's embarrassing hooey. Guess which group I fall into?

RC: I'm with you on the Pegasus and it's a credit to the charm of Colin Farrell and Findlay that the romantic side of the tale comes alive at all. The first meeting between Peter and Beverly, over a cup of tea, is simple, effective and bristles with starry-eyed tension. More of that and less of the magic horse and I might have bought into the story. As it was I felt like I was strapped to a chair and force-fed all the Valentine's Day episodes of Touched by an Angel. What did you make of Russell Crowe? He seemed like he was having fun with his demonic gangster routine, but did it work for this movie?

MB: Yes, Crowe is one of the things in the movie that worked for me. It was the casting of his boss that was ridiculous, a preposterous cameo that threw off the already precarious balance of the film. When he came onscreen, there was no turning back from its silliness. But even if I accept the movie on its own ridiculous terms, it still has a major problem. It's like a two act play, but the two halves don't cleave together. The second act, which happens in present day New York, feels rushed and arbitrary. At least the first act takes some time building characters and mood. What did you think of the female lead, Jessica Brown Finlay?

RC: She's beautiful, a little frail and doesn't get buried by the schmaltz. I thought she was nicely cast.

MB: As was William Hurt. Always nice to see him working again.

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Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com.

Drama/Romance

Gloria

Director. Sebastián Lelio

Stars. Paulina Garcia, Sergio Hernández

Gloria is a "woman of a certain age" but still feels young. Though lonely, she makes the best of her situation and fills her nights seeking love at social dance clubs for single adults. Her fragile happiness changes the day she meets Rodolfo. Their intense passion, to which Gloria gives her all, leaves her vacillating between hope and despair — until she uncovers a new strength and realizes that, in her golden years, she can shine brighter than ever.

Rotten Tomatoes™ score
Critics: 99% **Audience:** 71%

Drama/Romance

Beijing Love Story

Director. Sicheng Chen

Stars. Sicheng Chen, Liya Tong

Beijing Love Story was a massively popular 2012 television show that follows the romantic pitfalls of couples in the Mainland's capital city. The feature spin-off stars Tony Leung Ka Fai (Tai Chi Hero, Cold War), Wang Xuebing (Eternal Moment), Siqin Gaowa, Carina Lau, Tong Liya, Jin Yanling, Yu Nan and Wang Qinxiang.

Rotten Tomatoes™ score
Critics: No reviews yet **Audience:** 39%

Comedy/Romance

About Last Night

Director. Steve Pink

Stars. Kevin Hart, Michael Ealy, Regina Hall

A modern reimagining of the 1986 romantic comedy starring Rob Lowe and Demi Moore, this contemporary version closely follows new love for two couples as they journey from the bar to the bedroom and are eventually put to the test in the real world.

Rotten Tomatoes™ score
Critics: 100% **Audience:** 90%

Drama

Endless Love

Director. Shana Feste

Stars. Alex Pettyfer, Gabriella Wilde

Alex Pettyfer and Gabriella Wilde star in Endless Love, the story of a privileged girl and a charismatic boy whose instant desire sparks a love affair made only more reckless by parents trying to keep them apart. Endless Love was inspired by the 1979 novel and 1981 film of the same name.

Rotten Tomatoes™ score
Critics: 30% **Audience:** 89%

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Drama

Rhymes for Young Ghouls

Director. Jeff Barnaby

Stars. Kawennahere Devery Jacobs

Emerging Canadian filmmaker Jeff Barnaby uses Duncan Campbell Scott's Indian Act amendments of 1921 as the framework for this psychological revenge thriller set on the fictional Red Crow Reservation in 1976, and centering the simmering conflict between a willful teenage drug dealer and a corrupt Indian Agent who attempts to dictate her fate.

Rotten Tomatoes™ score
Critics: No reviews yet
Audience: + 100 %

Films to remind us life isn't all roses

MATT PRIGGE
Metro World News in New York

If only we could erase past loves from our memory, like in Eternal Sunshine of the Spotless Mind. CONTRIBUTED

It's Valentine's Day, which doesn't mean you need to torture yourself with a film affirming the power of love. Instead, snuggle up with one that speaks to the other extreme: that love can die.

Gone With the Wind (1939)

Deplorable ode to the South rising again or the artistic pinnacle of the Hollywood studio system? It's both — and it's also one of the great anti-romances. Shot down by Ashley Wilkes (Leslie Howard), Scarlett O'Hara (Vivien Leigh) instead toys with the affections of dashing ladies' man Rhett Butler (Clark Gable). After 3 ¾ hours of being jerked around, he's finally had enough. His weary kiss-off — "Frankly, Scarlett, I don't give a damn" — has been replayed till it barely has any meaning, but it's truly one of the most badass eff-yous in the movies.

We Won't Grow Old Together (1972)

Best. Title. Ever. In Maurice Pialat's unforgiving, powerfully unsentimental drama, we see the last throes of the union between a miserable, fortysomething filmmaker (Jean Yanne) and his much younger girlfriend (Marlène Jobert, Eva Green's mom). Perhaps once he was alluring, but his career has stagnated and he's become an emotionally abusive cad who's gotten too used to having an understanding, weak-willed paramour." (His "pet name" for her appears to be "rat.") It's an insightful examination of mutual neediness.

Eternal Sunshine of the Spotless Mind (2004)

Oh, if we could erase the bad memories of a failed relationship, as Jim Carrey's sad sack does in Charlie Kaufman and Michel Gondry's manic break-up fantasy. Crippled after his relationship with free-spirit alkie Kate Winslet ends horribly, he finds that his solution only makes him long for the good times being zapped from his brain along with the bad. As Woody Allen concluded in Annie Hall, we repeatedly put ourselves through the often atrocious and upsetting process of dating because "we need the eggs." If only we didn't.

Blue Valentine (2010)

First they're falling in love. Then they're breaking up. Then they're having hot sex for the first time. Then they're having crap sex, probably for the last time, in a weird hotel room. Back and forth, over and over again, goes this look at a couple (Michelle Williams and Ryan Gosling), whose romance doesn't go the full mile. It's easy — it's really, really easy — but damned if the structure doesn't hurt gangbusters anyway.

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OMNIMAX Theatre
Science World
1455 Quebec St.

Flight of the Butterflies (STC) Fri-Thu 3
Rescue (STC) Fri-Thu 12-2
To the Arctic (G) Fri-Thu 1

Dunbar Theatre
4555 Dunbar Street

The LEGO Movie (G) Mon 4-7-9
The LEGO Movie 3D (G) Fri 4-7-9
Sat-Sun 1:30-4-7-9 Tue-Thu 4-7-9

Fifth Avenue Cinemas
2110 Burrard Street

American Hustle (14A) Fri-Thu 12:40-3:40-6:40-9:40
August: Osage County (14A) Fri-Thu 12:50-3:50-6:50-9:35
Her (14A) Fri-Tue 1-4-7:10-10 Wed 1-4-10 Thu 1-4-7:10-10
The Monuments Men (PG) Fri-Thu 1:15-4:15-7-9:50
Philomena (PG) Fri-Thu 1:30-4:10-6:30-9:20

Pacific Cinémathèque
1131 Howe Street

Breathless (STC) Fri 6:30 Sat 8:20
No Films Showing Today (STC) Sun-Thu
Le Petit Soldat (STC) Fri 8:20 Sat 6:30

Park Theatre
3440 Cambie Street

The Great Beauty (14A) Fri-Sat 3:30-6:30-9:30 Sun 12:30-3:30-6:30-9:30 Mon 12:30-3:30-6:30-9:20 Tue-Thu 3:30-6:30-9:20
The Metropolitan Opera: Rusalka (STC) Sat 9:55

Rio on Broadway
1660 E. Broadway

Say Anything... (STC) Fri 11:30
Vancouver International Mountain Film Festival (STC) Sat-Thu 2-7:30

Scotiabank Theatre
Vancouver 900 Burrard St.

American Hustle (14A) Fri-Sun 1-4-7-10:15 Mon 1-4-7:15-10:10 Tue 1:05-4-7-10:05 Wed-Thu 1:05-4:05-7:05-10:05
The Hobbit: The Desolation of Smaug (PG) Fri-Mon 12 Tue-Thu 1:50
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Sun 3:30-7:05-10:35 Mon 3:30-7-10:30 Tue-Wed 5:20-9 Thu 9
Jack Ryan: Shadow Recruit (PG) Fri-Sun 12:10-2:45-5:20-7:55-10:30 Mon 12:05-2:40-5:10-7:40-10:15 Tue 1:15-4:15-7:15-9:55 Wed 1:20-4:20-7:20-9:55 Thu 1:20-3:55-6:25-9:55
Lone Survivor (14A) Fri 1:40-4:40-7:40-10:40 Sat 4:40-7:40-10:40 Sun 1:40-4:40-7:40-10:40 Mon 1:20-4:15-7:10-10:05 Tue 1:40-4:40-7:40-10:30
The Metropolitan Opera: Rusalka (STC) Sat 9:55
The Monuments Men (PG) Fri 12:50-3:50-6:50-9:50 Sat 1:30-3:50-6:50-9:50 Sun 12:50-3:50-6:50-9:50 Mon 12:50-3:50-6:50-9:45 Tue-Thu 12:50-3:50-6:50-9:50 Fri 1:30-4:30-7:30-10:30 Sat 11:25-4:30-7:30-10:30 Sun 1:30-4:30-7:30-10:30 Mon 1:30-4:30-7:30-10:25 Tue-Thu 1:30-4:30-7:30-10:30
Ride Along (PG) Fri 12:20-3:10-5:40-8:10-10:45 Sat 3:10-5:40-8:10-10:45 Sun 12:20-3:10-5:40-8:10-10:45 Mon 12:20-2:55-5:25-7:55-10:25 Tue 12:45-3:05-5:30-7:55-10:20
RoboCop (PG) Wed-Thu 12:30-3:30-6:30-9:30 Wed-Thu 1-4-7-10
That Awkward Moment (14A) Fri-Sun 12:30-3:05-5:35-8-10:25 Mon 12:30-3:05-5:35-8-10:20 Tue 1-3:20-5:40-8-10:25 Wed-Thu 12:55-3:20-5:40-8-10:20
The Wolf of Wall Street (18A) Fri-Sun 2:20-6:15-10:10 Mon 2:15-6:10-10 Tue 12:55-4:50-8:45 Wed-Thu 12:45-4:50-8:45 Sat 11:15

Vancity Theatre
Vancouver International Film Centre
1181 Seymour Street

Let the Fire Burn (STC) Tue-Thu 8:45
The Oscar Nominated Short Films 2014: Animated (STC) Tue-Thu 6:30
Spark FX Festival (STC) Fri-Sun
Sweet Dreams (STC) Mon 7

Esplanade 6
200 West Esplanade

American Hustle (14A) Digital Presentation, Dolby Stereo Digital Fri 6:35-9:35 Digital Presentation, Dolby Stereo Digital Sat-Mon 12:25-3:25-6:35-9:35 Digital Presentation, Dolby Stereo Digital Tue-Thu 6:35-9:35
Frozen 3D (G) Digital Presentation, Dolby Stereo Digital Fri 6:45 Digital Presentation, Dolby Stereo Digital Sat-Mon 12:45-6:45 Digital Presentation, Dolby Stereo Digital Tue-Thu 6:45
Frozen Sing-Along (STC) Digital Presentation, Dolby Stereo Digital Fri 9:25 Digital Presentation, Dolby Stereo Digital Sat-Mon 3:45-9:25 Digital Presentation, Dolby Stereo Digital Tue-Thu 9:25
Her (14A) Digital Presentation, Dolby Stereo Digital Fri-Thu 9:15
Jack Ryan: Shadow Recruit (PG) Digital Presentation, Dolby Stereo Digital Fri 7:05-9:40 Digital Presentation, Dolby Stereo Digital Sat-Mon 12:40-3:50-7:05-9:40 Digital Presentation, Dolby Stereo Digital Tue-Thu 7:05-9:40
The LEGO Movie (G) Digital Presentation, Dolby Stereo Digital, No Passes Fri 6:30 Digital Presentation, Dolby Stereo Digital, No Passes Sat-Mon 12:30-3:30-6:30 Digital Presentation, Dolby Stereo Digital, No Passes Tue-Thu 6:30
The LEGO Movie 3D (G) Digital Presentation, Dolby Stereo Digital, No Passes Fri 7-9:20 Digital Presentation, Dolby Stereo Digital, No Passes Sat-Mon 1-4-7-9:20 Digital Presentation, Dolby Stereo Digital, No Passes Tue-Thu 7-9:20
Vampire Academy (PG) Digital Presentation, Dolby Stereo Digital Fri 6:50-9:30 Digital Presentation, Dolby Stereo Digital Sat-Mon 1:15-3:40-6:50-9:30 Digital Presentation, Dolby Stereo Digital Tue-Thu 6:50-9:30

Park & Tilford
333 Brooksbank Ave.

August: Osage County (14A) Fri 6:45-9:30 Sat 3:40-6:45-9:30 Sun 12:40-3:40-6:45-9:30 Mon 12:40-3:40-9:30 Tue 6:45-9:30 Wed 9:30 Thu 6:45-9:30
The Big Chill (STC) Mon 7
Labor Day (PG) Fri 7-9:40 Sat 10:30-1:30-4:10-7-9:40 Sun-Mon 1:30-4:10-7-9:40 Tue-Thu 7-9:40 Star & Strollers Screening Thu 1
Lone Survivor (14A) Fri-Thu 9:35
The Metropolitan Opera: Rusalka (STC) Sat 9:55
The Monuments Men (PG) Fri 6:50-9:50 Sat 10:05-12:50-3:50-6:50-9:50 Sun-Mon 12:50-3:50-6:50-9:50 Tue-Thu 6:50-9:45 Star & Strollers Screening Thu 1
The Nut Job (G) Sat 10:15-12:35 Sun-Mon 12:35
The Nut Job 3D (G) Fri 7:15 Sat-Mon 2:45-4:55-7:15 Tue-Thu 7:15
That Awkward Moment (14A) Fri 7:30-10 Sat 12:10-2:40-5-7:30-10 Sun-Mon 2:40-5-7:30-10 Tue-Thu 7:30-9:50
The Wolf of Wall Street (18A) Fri 8:15 Sat-Mon 12:30-4:15-8:15 Tue-Thu 8

SilverCity Riverport
14211 Entertainment Way

12 Years a Slave (14A) Fri-Thu 1:05-7:25
About Last Night (STC) Thu 7-9:30
American Hustle (14A) Fri-Mon 1-4-7:05-10:20 Tue-Thu 1:05-4-7:05-10:25
Anohana the Movie: The Flower We Saw That Day (G) Sun 12:45 Wed 7:30
August: Osage County (14A) Fri-Thu 10:15
The Big Chill (STC) Mon 7
A Cinderella Story (PG) Sat 11
Dallas Buyers Club (14A) Fri-Mon 4:25-10:20 Tue-Thu 4:25-10:30
Endless Love (PG) No Passes Thu 9
Frozen (G) Fri-Mon 2:35 Tue-Thu 5
Frozen 3D (G) Fri-Mon 5:15-7:50 Tue-Thu 7:50
Frozen Sing-Along (STC) Fri 12 Sat 10:15-12 Sun-Mon 12 Tue-Thu 2:15
Gravity: An IMAX 3D Experience (PG) Fri-Mon 12:30-3-5:30-8-10:30 Tue 1:05-3:25-5:40-8-10:30
Her (14A) Fri-Thu 10:35
The Hobbit: The Desolation of Smaug (PG) Fri-Mon 12:05 Tue-Thu 2:30
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Mon 3:30-7:05-10:25 Tue-Thu 6:10-9:55
The Hunger Games: Catching Fire (PG) Fri 12:25-3:40-6:50-10:25 Sat-Sun 3:40-6:50-10:25 Mon 12:25-3:40-6:50-10:25 Tue 1-4:05-7:10-10:20
I, Frankenstein 3D (PG) Fri-Mon 12:55-3:20-5:45-8:15-10:35 Tue 2:45-5:20-7:45-10:25 Wed 2:20-4:55-10:25 Thu 2:45-5:20-7:55-10:25
Jack Ryan: Shadow Recruit (PG) Fri-Mon 12:10-2:50-5:25-8:10-10:45 Tue-Thu 2:50-5:25-8:10-10:45
Labor Day (PG) Fri 2-4:40-7:20-10:10 Sat 11:15-2-4:40-7:20-10:10 Sun-Mon 2-4:40-7:20-10:10 Tue-Wed 2-4:40-7:20-10:05 Thu 1:35-4:15
The LEGO Movie (G) Fri 1:30-4:05-6:40 Sat 11-1:30-4:05-6:40 Sun-Mon 1:30-4:05-6:40 Tue-Wed 1-3:30-6 Thu 4:30-7 Sat 10:30 Star & Strollers Screening Thu 2
The LEGO Movie 3D (G) Fri 12-2:30-5:05-7:40-10:10 Sat 10:45-12-2:30-5:05-7:40-10:10 Sun-Mon 12-2:30-5:05-7:40-10:10 Tue-Wed 2-4:30-7-9:30 Thu 1-3:30-6-8:30
Lone Survivor (14A) Fri-Sun 1:25-4:25-7:25-10:30 Mon 1:10-4:10-10:30 Tue-Wed 1:10-4-7-10:10 Thu 1:10-4-10:10
The Metropolitan Opera: Rusalka (STC) Sat 9:55
The Monuments Men (PG) Fri-Mon 12:40-3:40-6:40-9:40 Tue-Wed 1-3:45-6:40-9:40 Thu 4:45-7:25-10:25 Fri-Thu 1:20-4:20-7:20-10:20 Star & Strollers Screening Thu 2
The Nut Job (G) Fri 1 Sat 10:35-1 Sun-Thu 1
The Nut Job 3D (G) Fri-Thu 3:15-5:35-7:45
Odd Thomas (14A) Thu 7:30
Ride Along (PG) Fri-Mon 12:40-3:05-5:30-8:10-10:40 Tue-Wed 2-4:35-7:05-9:40 Thu 1:30-4:05-6:30
RoboCop (PG) Wed-Thu 1-3:45-6:45-9:45
RoboCop: The IMAX Experience (PG) Wed-Thu 1:30-4:30-7:30-10:30
Saving Mr. Banks (G) Fri-Thu 10:20
That Awkward Moment (14A) Fri 12:45-3:10-5:25-8-10:35 Sat 10:20-12:45-3:10-5:25-8-10:35 Sun-Mon 12:45-3:10-5:25-8-10:35 Tue-Thu 2:10-4:45-7:25-10:15
Vampire Academy (PG) Fri 12:15-2:45-5:20-8-10:40 Sat 2:45-5:30-8-10:40 Sun-Mon 12:15-2:45-5:20-8-10:40 Tue-Thu 2:45-5:20-8-10:40
The Wolf of Wall Street (18A) Fri-Mon 12:45-4:45-8:45 Tue-Thu 1:50-5:50-9:45

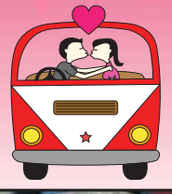
Dolphin Cinemas
4555 E. Hastings St.

Frozen (G) Fri 4:30-6:40 Sat-Mon 2-4:30-6:40 Tue 4:30-6:40
The Hunger Games: Catching Fire (PG) Fri-Tue 8:55
The LEGO Movie (G) Fri 4:50-7:30-9:10 Sat-Mon 12:30-2:40-4:50-7:30-9:10 Tue-Thu 4:50-7:30-9:10
RoboCop (PG) Wed-Thu 4:30-7:10-9:35

SilverCity Metropolis
4700 Kingsway Ave.

American Hustle (14A) Fri-Sat 10:15 Sun 10 Mon 10:15 Tue-Thu 9:45
Anohana the Movie: The Flower We Saw That Day (G) Sun 12:45 Wed 7:30
A Cinderella Story (PG) Sat 11
Frozen (G) Fri-Sat 12 Sun 11:45 Mon 12 Tue 1:35 Wed-Thu 1:45
Frozen 3D (G) Fri-Sat 2:35-5:15-7:45 Sun 2:20-5-7:30 Mon 2:35-5:15-7:45 Tue-Wed 4:35-7:15 Thu 4:40-7:15
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Sat 9:55 Sun-Mon 9:40 Tue-Thu 9:15
I, Frankenstein 3D (PG) Fri-Sat 12:55-3:20-5:45-8:15-10:35 Sun 12:40-3:05-5:30-8-10:20 Mon 1-3:20-5:45-8:10-10:30 Tue 2:30-5:05-7:40-10:05 Wed 2:30-5:05-10:05 Thu 2:30-5:05-7:40-10:05
Jack Ryan: Shadow Recruit (PG) Fri-Sat 2:45-5:20-7:55-10:30 Sun 2:30-5:05-7:40-10:15 Mon 2:45-5:20-7:55-10:25 Tue 4:40-7:25-10 Wed 4:15-10 Thu 4:45-7:25-10
Labor Day (PG) Fri-Sat 12:10 Sun 11:55 Mon 12:10 Tue 1:45 Wed-Thu 1:40
The LEGO Movie (G) Fri 12 Sat 11-12 Sun 11:45 Mon 12 Tue-Thu 1:50
The LEGO Movie 3D (G) Fri-Sat 2:30-5:05-7:40-10:10 Sun 2:15-4:50-7:25-9:55 Mon 2:30-5:05-7:40-10:10 Tue-Wed 4:20-6:55-9:40 Thu 4:25-6:55-9:40
The Metropolitan Opera: Rusalka (STC) Sat 9:55
The Monuments Men (PG) Fri 1:20-4:20-7:20-10:20 Sat 11-1:40-4:20-7:20-10:20 Sun 1:25-4:05-7:05-10:05 Mon 1:25-4:05-7:05-10 Tue-Wed 1:30-4:25-7:10-9:50 Thu 1:30-4:30-7:10-9:50
The Nut Job (G) Fri-Sat 12:50 Sun 12:35 Mon 12:50 Tue-Thu 1:55
The Nut Job 3D (G) Fri-Sat 3:10-5:25-7:35 Sun 2:55-5:10-7:20 Mon 3-5:15-7:25 Tue-Wed 4:30-7 Thu 4:35-7
Ride Along (PG) Fri 12:05-3:45-6:05-8:25-10:45 Sat 1:25-3:45-6:05-8:25-10:45 Sun 11:50-3:30-5:50-8:10-10:30 Mon 12:05-3:45-6-8:15-10:30 Tue-Thu 2:20-5:10-7:45-10:15
RoboCop (PG) Wed-Thu 1:35-4:20-7:05-9:50
That Awkward Moment (14A) Fri 12:40-3:05-5:35-8-10:25 Sat 3:05-5:35-8-10:25 Sun 12:25-2:50-5:20-7:45-10:10 Mon 12:40-3:05-5:35-8-10:25 Tue 2:05-4:50-7:30-9:55 Wed 2:05-4:50-7:40-9:55 Thu 2:05-4:50-7:30-9:55
Vampire Academy (PG) Fri-Sat 12:15-2:50-5:30-8:05-10:40 Sun 12-2:35-5:15-7:50-10:25 Mon 12:15-2:45-5:20-7:55-10:25 Tue-Thu 2:10-5-7:35-10:10
The Wolf of Wall Street (18A) Fri 12:05-2:25-6:10-10 Sat 2:25-6:10-10 Sun 2:10-5:55-9:45 Mon 12:05-2:25-6:05-9:45 Tue 1:40-5:25-9:10

Richport FORD



JUDY'S MOTIVATIONAL TIP

FAITH IS THE BIRD THAT SINGS WHEN THE DAWN IS STILL DARK.

Judy Jobse, Service Manager

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THE WORK'S SPECIAL

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Oil Lube & Filter,
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Fluids, Check Battery

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YOUR HEALTH

President's own story: 15 years ago I started to have arthritis, prostate, kidney, snoring and sleep apnea problems, which were all helped quickly with natural health products. I made it my life's purpose to help others. ***Nick A. Jerch***

Prevent COLDS & FLUS

#51

NPN 80036946. To helps immune function.
The only cold medicine with a money-back guarantee. Four **medical doctors** that wrote in their book SHARK LIVER OIL that you can prevent colds and flus. Dr. Hubert wrote since his own high-school age children took shark liver oil they have no more colds. Dr. Haimes's grandchildren have been taking shark liver oil for 6 months and he writes they have no more infection of any kind. **Read many testimonials on the Bell website:** "I had 3-4 flus every winter. None last 5 years." "Amazing! All of us have no more colds." "No more asthma, no puffer, no cold, no flus, changed my life". In North America this is a by-product from the restaurant industry. No sharks are caught for their liver or their cartilage. ■ **No more colds, also my eczema disappeared!** Last 2 years I would get colds often due to stress as I am an athlete and body builder. After starting Bell Shark Liver Oil #51 I had no more colds or even a sign of a cold. Dennis Tudos, 23, Kent, WA

Virux Viral Infections

#42

NPN 80042655. Helps to reduce the recurrence of cold sores.
By Dr. Chakib Hammoud, M.H., PhD.
Helps with sexually transmitted diseases, cold sores and influenza. 90% success rate per Dr. C. Hammoud. African plant base that has the ability to inhibit virus replication in our bodies. By shutting the replication down, the virus becomes inactive and therefore is not causing the body further harm. May help with HIV.

Truthful statements from real people:

■ **Registered Nurse's discovery! I'm happy to have made the discovery** that if I feel the first signs of a cold or flu like symptoms, I take Virux Viral Infection. It stops it right away. This product has been a great alternative. We know allopathic medicine does not have a cure for viruses, but nature does, using God's pharmacy is the way to go. Janna Dodds, 45, Clifford, ON ■ **First product that worked!** I have been getting cold sores a number of times a year and spent a fortune on many products that did not help me. Your Bell Virux Viral Infections helped me so much. I love it. Shannon B. Evans, 40, Panama City Beach, FL ■ **No more cold sores, no more colds!** My kids had colds and when I felt a cold coming on as well I started taking Bell Virux Viral Infections and the cold stayed away. Another great bonus about this product is I haven't had a cold sore after I started taking it. I was getting them so often and now they stopped. Thanks a tonne! Carrie Shoonbaert, 32, Deloraine, MB

Stem Cell Activator

#63

NPN 80035385.
Helps to activate naturally millions of stem cells from our own bone marrow. The increase in stem cells released from the bone marrow into the blood stream have the potential to become other types of tissue cells with specialized function. Stem cells will multiply and are able to become heart cells, liver cells or any other organ. Located everywhere in our body, stem cells are even **under our skin layered between the epidermis and dermis.** This is why an increase in stem cells under our skin may help to create a more youthful cell that would replenish elastin and collagen and thus may make us look younger. If our bone marrow does not produce enough stem cells this can result in many illnesses, especially a weak heart, kidneys, liver, pancreas, in fact all healthy functions of our body are decreased. Sufficient stem cells in our body have a great potential of self-repair and the ability to rejuvenate tissues. ■ **Women looking for anti-aging help!** We all want to slow down aging. After using a bottle of Bell Stem Cell Activator #63 my skin seemed smoother and brighter. My hair looked healthier. It seems to have a cleansing effect. I'm delighted. *Leona McCormick, 50, Clgary, AB* ■ **All around healing effect!** The first thing I noticed after starting Bell Stem Cell Activator #63 was that my skin feels firmer and stronger. My friends commented that my skin looks more vibrant. My doctor at my yearly physical told me that my blood pressure is significantly lower. Many good things are happening. *Joy Davison, 55, Calgary, AB* ■ **Best natural medicine I ever took!** First day of using the Bell Stem Cell Activator my energy levels were way up. No more afternoon slump. A friend stopped me asking me what I was using on my skin. My pain in my hip is gone. My pants got looser. Christine Blythe, 54, Hamilton, ON

Try your local health food stores first. If they don't have it and don't want to order it for you, order on our website or call us with Visa or Mastercard.

1-800-333-7995 www.BellLifestyle.com

Bell uses the power of nature to help put life back into your lifestyle

CURCUMIN

NPN 80030470. Herbal medicine to aid digestion.

#67

Helps with back pain, inflammation, stomach troubles, strengthens heart muscle and circulation, reduces nervousness and insomnia.
With Cayenne pepper Dr. D. Servan-Schreiber M.D. writes in his book "ANTICANCER" pepper multiplies the body's absorption of curcumin by two thousand times.
Actual Results. ■ **Lower back pain relief.** Took 2 capsules and 1 at night. Next morning my back pain was completely gone. Heating pad and drugs did not help. Valerie Peoples, 53, Jonesboro, GA ■ **Parking ticket officer** had stress relief, no more angina chest pain, increased blood circulation in cold whether, has now also warm hands and feet. Joel Phelps, 47, Windsor, ON ■ **For 30 years had inflammation** in my foot from ball games. A good Turmeric was recommended (Curcumin is an extract). After 1 day had 90% pain relief. I was amazed how quickly it took effect. As a bonus had other health benefits including insomnia relief. Dan DeZorzi, 42, Maidstone, ON

Inflammexx

#70

NPN 80041845 An anti-inflammatory to help joint pain.
By Dr. Chakib Hammoud, M.H.,PhD.
People write us it helps with all types of inflammation: ■ **For the last 7-8 years I had inflammation in my spine L4 & L5,** back and neck muscles that was unbearable and almost crippled me. After starting #70 for 30 days it gave me relief like a miracle. Most pain has disappeared and I can function again. Heather Tremblay, 53, Medicine Hat, AB ■ **Had "Charlie horses" bumps on my legs that were very painful.** I tried everything. After taking #70 the bumps diminished and I had no more pain. Mary Griego, 67, Tijeras, NM ■ **I had shingles for 30 years. After taking #70** for my shingles I discovered it also relieved my frozen shoulders. I can now raise my arms above my head, exercise and do all work again. I am ecstatic. Lovorn M. Bowe, 60, Roanoke, VA ■ **Big difference in chronic nerve pain** I suffered for 15 years all over my body, especially sciatica, osteoporosis, gout. I had great relief within 1 week. Cecile Sager, 69, Verner, ON ■ **Inflamed achilles tendon relief in 2 weeks.** I am back on the court playing basket ball. Inflammexx is amazing. Alan R. Spady, 67, Bothell, WA

STOP HAIR LOSS

#77 NPN 80035077

Dr. C. Hammoud, Ph.D. recommends:
To reduce or stop hair loss for men and women
■ With powerful DHT block, the recognized #1 cause of hair loss. ■ Unique combination of ingredients make it a guaranteed superior product. ■ Helps to rejuvenate your hair for a fuller and thicker appearance. ■ Early prevention of baldness for those that have a family history. ■ Pattern baldness (Androgenic Alopecia) is caused by an oversupply of hormones DHT (Dihydrotestosterone).
It damages hair follicles over time unless preventive action is taken. ■ Help for people who are on radiation or chemo therapy or taking other drugs that cause hair loss.
Many testimonials on the Bell website: ■ ***"My hair has stopped falling out…and my hair looks shinier and healthier."; "After 30 days use I noticed I am losing less hair! My hair now looks fuller and the texture has improved."; "Hair loss was noticeably reduced with first bottle!"; "After using Bell Stop Hair Loss #77 for 2 weeks my hair was not as thin anymore and at the end of the treatment of 2 months my little bald spot on the back of my head was growing over with little hair. This product helped to restore my youthful look."*** ■ **First product that worked for me.** I have tried many other methods and I didn't see any results. With #77 I noticed a difference within a few weeks. Thank you Bell. Paul Scivoletto, 40, Markham, ON.

Super advanced formula #77 Has been used successfully for many years KING SIZE - 2 months supply

ARTHRITIS

#1

NPN 80042283 Helps to relieve joint pain associated with osteoarthritis.

Truthful actual experiences from real people:

■ **For 40 years I had injections and drugs and finally Bell Shark Cartilage #1** spared me the endless torture I suffered day and night. Pat Laughlin, Coldwater, ON ■ **My hip is 95% pain free.** Pain killing drugs mask and Bell Shark Cartilage heals. Rebecca Hite, Oroville, CA ■ **I tried another brand and pain came back.** 2 weeks on Bell and pain is gone again. Gert Dupuis, Hanmer, ON ■ **Many people on our website write:** "Can walk again for hours";"Can climb stairs without hanging on to railing";"First time in 15 years can sleep at night" **Rheumatoid pain** in joints down 90%, same for my sister. Works also for sciatica…hundreds of testimonials all with full names and towns. Shark bones/cartilage was a previously thrown away by-product of the food industry. No sharks are caught for their cartilage. Don't let any activist confuse you.

100% Truthful testimonials with full name and towns. Real people you can call, if you want more reassurance. More testimonials on the Bell website. No money is paid for testimonials.To ensure this product is right for you, always read label and follow the instructions.

SilverCity Coquitlam
170 Schoolhouse Street

About Last Night (STC) Thu 7-9:35
American Hustle (14A) Fri-Tue 12:50-4-7:25-10:35 Wed 12:50-4-10 Thu 12:50-4-7:25-10:35 Fri-Tue 1:50-3:15-6:30-9:45 Wed-Thu 4:50-8:30
Anohana the Movie: The Flower We Saw That Day (G) Sun 12:45 Wed 7:30
The Attorney (STC) Fri-Thu 12:45-3:50-7:10-10:05
The Big Chill (STC) Mon 7
A Cinderella Story (PG) Sat 11
Dallas Buyers Club (14A) Fri-Thu 9:45
Endless Love (PG) No Passes Thu 9:40
Frozen (G) Fri 4:15 Sat 11:10-4:15 Sun-Thu 4:15
Frozen 3D (G) Fri-Thu 6:50
Frozen Sing-Along (STC) Fri-Tue 12:35 Wed-Thu 1:35
The Hobbit: The Desolation of Smaug (PG) Fri-Tue 12:20
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Tue 3:15-6:45-10:15
I, Frankenstein 3D (PG) Fri-Thu 9:15
Jack Ryan: Shadow Recruit (PG) Fri-Tue 12:10-2:45-5:20-7:55-10:40 Wed 1:40-4:25-7:05-9:40 Thu 1:40-4:25
Labor Day (PG) Fri-Tue 1:45-4:30-7:15-9:55 Wed 4:30-7:15-9:55 Thu 1:45-4:30-7:15-9:55 Star & Strollers Screening Wed 1
The LEGO Movie (G) Fri 1:30-4:05-6:40 Sat 11-1:30-4:05-6:40 Sun-Tue 1:30-4:05-6:40 Wed 4:05-6:40 Thu 1:30-4:05-6:40 Star & Strollers Screening Wed 1
The LEGO Movie 3D (G) Fri-Tue 12-2:30-5:05-7:40-10:10 Wed-Thu 2:30-5:05-7:40-10:10
Lone Survivor (14A) Fri-Sun 1:50-4:55-7:50-10:45 Mon 1:05-3:55-9:45 Tue 1:50-4:55-7:50-10:45 Wed 1:05-3:55-7:10-10 Thu 1:05-3:55-6:45 Fri-Tue 1:30-4:30-7:30-10:25
The Metropolitan Opera: Rusalka (STC) Sat 9:55
Miss Granny (PG) Fri 1:10-4:10-7-10 Sat-Sun 4:10-7-10 Mon-Tue 1:10-4:10-7-10 Wed-Thu 1:10-4:10-7-9:55
The Monuments Men (PG) Fri-Tue 12:50-4-7-10:05 Wed-Thu 3:45-6:50-9:45 Fri-Thu 1:20-4:20-7:20-10:20
The Nut Job (G) Fri-Tue 12:30-2:55 Wed-Thu 12:55-3:05
The Nut Job 3D (G) Fri-Tue 5:10-7:30 Wed-Thu 5:15-7:30
Ride Along (PG) Fri-Thu 9:30
RoboCop (PG) Wed-Thu 4:15-7:15-10:10 Wed-Thu 1:45-4:35-7:30-10:25
That Awkward Moment (14A) Fri-Tue 12:40-3:05-5:30-8:05-10:30 Wed-Thu 2:05-4:30-6:55-9:20 Fri-Tue 12:30-5-8-10:45 Wed-Thu 5:30-8-10:30
Vampire Academy (PG) Fri-Tue 12:10-2:45-5:20-8-10:40 Wed-Thu 2:15-5-7:45-10:30
The Wolf of Wall Street (18A) Fri-Thu 12:45-4:35-8:30 Fri-Tue 1:10-5:20-9:15 Wed-Thu 5:10-9:15

Clova
5732-176th St., Surrey,

The LEGO Movie (G) Fri 7 Sat-Sun 1:30-7 Mon-Thu 7

Hollywood 3 Cinema
7125-138th Street, Surrey

August: Osage County (14A) Fri-Thu 8:30
Cloudy With a Chance of Meatballs 2 (G) Fri 4:50 Sat-Mon 12-4:50 Tue-Thu 4:50
The Hunger Games: Catching Fire (PG) Fri-Thu 6:50
Lone Survivor (14A) Fri-Thu 9:20
Philomena (PG) Sat-Mon 12:30
The Secret Life of Walter Mitty (G) Fri-Thu 9:40 Fri 4:40-7 Sat-Mon 12-2:20-4:40-7 Tue-Thu 4:40-7
Walking With Dinosaurs (G) Fri 4:30 Sat-Mon 2:30-4:30 Tue-Thu 4:30
Walking With Dinosaurs 3D (G) Fri-Thu 6:30

Strawberry Hill Grande
12161-72nd Ave, Surrey

A Cinderella Story (PG) Sat 11
Frozen (G) Fri-Mon 12 Tue-Thu 2:35
Frozen 3D (G) Fri-Mon 2:35-5:15-7:50 Tue-Thu 5:15-7:50
Hasee Toh Phasee (STC) Fri-Thu 1:30-6-9:35
The Hobbit: The Desolation of Smaug (PG) Sat-Sun 12 Thu 2:40
The Hobbit: The Desolation of Smaug 3D (PG) Fri 6:40 Sat-Sun 3:30-7:05 Mon 7:05-10:30 Thu 6:40-10:10
I, Frankenstein 3D (PG) Fri-Mon 12:55-3:20-5:45-8:05-10:30 Tue 12:55-3:20-5:45-8:05-10:25
Jack Ryan: Shadow Recruit (PG) Fri-Thu 10:25
Jai Ho (14A) Fri-Thu 12:40-3:45-6:55-10:05
Kirpaan: The Sword of Honour (PG) Fri-Sat 12:50-4-7-10 Sun 12:50-4-7-10:30 Mon-Thu 12:50-4-7-10
Labor Day (PG) Fri-Thu 2-4:40-7:15-10
The LEGO Movie (G) Fri 12:05 Sat 11-12:05 Sun-Mon 12:05 Tue 2:15 Star & Strollers Screening Wed 1 Thu 2:15
The LEGO Movie 3D (G) Fri-Mon 2:30-5:05-7:40-10:10 Tue-Thu 5:05-7:40-10:10
The Monuments Men (PG) Fri-Tue 1:20-4:20-7:20-10:15 Wed 4:20-7:20-10:15 Thu 1:20-4:20-7:20-10:15 Star & Strollers Screening Wed 1
The Nut Job (G) Fri-Thu 1
The Nut Job 3D (G) Fri-Mon 3:15-5:35 Tue 3:15-6:35 Wed-Thu 3:15-5:35
RoboCop (PG) Wed-Thu 1:35-4:30-7:25-10:20
That Awkward Moment (14A) Fri-Thu 12:45-3:05-5:30-8-10:20
The Wolf of Wall Street (18A) Fri-Mon 8:10 Tue 9:10 Wed-Thu 8:10

Studio 12 Guildford
15051-101st Ave, Surrey

American Hustle (14A) Stadium Seating, Dolby Stereo Digital Fri 4:05-6:25-9:30 Stadium Seating, Dolby Stereo Digital Sat-Mon 1-4:05-6:25-9:30 Stadium Seating, Dolby Stereo Digital Tue 4:05-6:25-9:30 Stadium Seating, Dolby Stereo Digital Wed-Thu 6:25-9:30
Bride for Rent (G) Stadium Seating, Dolby Stereo Digital Fri 4:40-7:25-10 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:45-4:40-7:25-10 Stadium Seating, Dolby Stereo Digital Tue 4:40-7:25-10 Stadium Seating, Dolby Stereo Digital Wed-Thu 7:25-10
Endless Love (PG) Stadium Seating, Dolby Stereo Digital Thu 9:20
Frozen 3D (G) Stadium Seating, Dolby Stereo Digital Fri 6:45 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:15-6:45 Stadium Seating, Dolby Stereo Digital Tue-Thu 6:45
Frozen Sing-Along (STC) Fri-Tue 3:50-9:20 Wed 9:20
Hasee Toh Phasee (STC) Stadium Seating, Dolby Stereo Digital Fri 4:20-7:45 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:10-4:20-7:45 Stadium Seating, Dolby Stereo Digital Tue 4:20-7:45 Stadium Seating, Dolby Stereo Digital Wed-Thu 7:45
Jack Ryan: Shadow Recruit (PG) Dolby Stereo Digital, Stadium Seating Fri-Wed 9
Labor Day (PG) Fri 4:35-7:15-9:50 Sat-Mon 1:40-4:35-7:15-9:50 Tue 4:35-7:15-9:50 Wed-Thu 7:15-9:50
The LEGO Movie (G) Stadium Seating, Dolby Stereo Digital Fri 4-6:40-9:05 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:30-4-6:40-9:05 Stadium Seating, Dolby Stereo Digital Tue 4-6:40-9:05 Stadium Seating, Dolby Stereo Digital Wed-Thu 6:40-9:05
The LEGO Movie 3D (G) Fri 4:30-7:10-9:35 Sat-Mon 2-4:30-7:10-9:35 Tue 4:30-7:10-9:35 Wed-Thu 7:10-9:35
The Monuments Men (PG) Stadium Seating, Dolby Stereo Digital Fri 4:10-7-9:45 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:20-4:10-7-9:45 Stadium Seating, Dolby Stereo Digital Tue 4:10-7-9:45 Stadium Seating, Dolby Stereo Digital Wed-Thu 7-9:45
The Nut Job (G) Dolby Stereo Digital, Stadium Seating Fri 4:15-6:30 Dolby Stereo Digital, Stadium Seating Sat-Mon 1:35-4:15-6:30 Dolby Stereo Digital, Stadium Seating Tue 4:15-6:30 Dolby Stereo Digital, Stadium Seating Wed-Thu 6:30
Ride Along (PG) Dolby Stereo Digital, Stadium Seating Fri 4:45-7:30-9:55 Dolby Stereo Digital, Stadium Seating Sat-Mon 1:50-4:45-7:30-9:55 Dolby Stereo Digital, Stadium Seating Tue 4:45-7:30-9:55 Dolby Stereo Digital, Stadium Seating Wed-Thu 7:30-9:55
That Awkward Moment (14A) Stadium Seating, Dolby Stereo Digital Fri 3:45-7:20-9:40 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:25-3:45-7:20-9:40 Stadium Seating, Dolby Stereo Digital Tue 3:45-7:20-9:40 Stadium Seating, Dolby Stereo Digital Wed-Thu 7:20-9:40
Vampire Academy (PG) Stadium Seating, Dolby Stereo Digital Fri 3:40-6:50-9:25 Stadium Seating, Dolby Stereo Digital Sat-Mon 1:05-3:40-6:50-9:25 Stadium Seating, Dolby Stereo Digital Tue 3:40-6:50-9:25 Stadium Seating, Dolby Stereo Digital Wed-Thu 6:50-9:25

Rialto
1732-152nd Street, White Rock

12 Years a Slave (14A) Fri-Thu 7
August: Osage County (14A) Fri 9:25 Sat-Mon 2:10-9:25 Tue-Thu 9:25
The Monuments Men (PG) Fri 7:10-9:30 Sat-Mon 2-7:10-9:30 Tue-Thu 7:10-9:30

Criterion 4 White Rock
2381 King George Highway

American Hustle (14A) Fri 7:30 Sat-Mon 2-7:30 Tue-Thu 7:30
Frozen (G) Fri 7 Sat-Mon 2:20-7 Tue-Thu 7
Gravity (PG) Fri-Thu 9:30
The LEGO Movie (G) Fri 7:20-9:20 Sat-Mon 2:10-7:20-9:20 Tue-Thu 7:20-9:20
Ride Along (PG) Fri 7:10-9:25 Sat-Mon 2:30-7:10-9:25 Tue-Thu 7:10-9:25
RoboCop (PG) Wed-Thu 7:10-9:25

Colossus Langley
20090-91A Ave, Langley

12 Years a Slave (14A) Fri-Sun 12:15-3:30-6:55-10:15 Mon 12:15-3:30-10:15 Tue 4:05-7:05-10:15 Wed 4:05-10:15 Thu 4:05-7:05-10:15
About Last Night (STC) Thu 7-9:45
American Hustle (14A) Fri-Mon 12:35-3:45-7-10:10 Tue 4:10-7:15-10:25 Wed-Thu 4:10-10:25
Anohana the Movie: The Flower We Saw That Day (G) Sun 12:45 Wed 7:30
August: Osage County (14A) Fri-Mon 4:05-10 Tue-Thu 4:35-10:15
The Big Chill (STC) Mon 7
A Cinderella Story (PG) Sat 11
Endless Love (PG) No Passes Thu 9:30
Frozen (G) Fri-Mon 4:30 Tue-Thu 4:15
Frozen 3D (G) Fri-Mon 7:15 Tue-Thu 7
Frozen Sing-Along (STC) Fri 1:45 Sat 11:05-1:45 Sun-Mon 1:45
Gravity: An IMAX 3D Experience (PG) Fri-Mon 12:30-2:50-5:10-7:30-9:50 Tue 4:45-7:35-10
Her (14A) Fri-Mon 10:35 Tue-Thu 9:40
The Hobbit: The Desolation of Smaug (PG) Fri-Mon 1:05
The Hobbit: The Desolation of Smaug 3D (PG) Fri-Wed 5-9 Thu 9 Thu 4:45
The Hunger Games: Catching Fire (PG) Fri 12:20-3:35-7:05-10:20 Sat-Sun 3:35-7:05-10:20 Mon 12:20-3:35-7:05-10:20 Tue 4-7:15-10:30
I, Frankenstein 3D (PG) Fri-Mon 10:15 Tue-Thu 10
Jack Ryan: Shadow Recruit (PG) Fri-Mon 12:05-2:40-5:15-7:55-10:30 Tue-Thu 4:55-7:40-10:30
Labor Day (PG) Fri-Mon 2-4:40-7:20-10:05 Tue-Thu 4:40-7:20-10:05
The LEGO Movie (G) Fri 1:50-4:25-7 Sat 11:10-1:50-4:25-7 Sun-Mon 1:50-4:25-7 Tue 4:10-6:50 Wed 6:50 Thu 4:10-6:50 Star & Strollers Screening Wed 3
The LEGO Movie 3D (G) Fri-Mon 12-2:30-5:05-7:40-10:10 Tue-Thu 4:40-7:10-9:50
Lone Survivor (14A) Fri-Mon 1:25-4:25-7:25-10:25 Tue-Wed 4:30-7:25-10:20 Thu 4
The Metropolitan Opera: Rusalka (STC) Sat 9:55
The Monuments Men (PG) Fri-Mon 1:20-4:20-7:20-10:20 Tue-Thu 4:35-7:30-10:25 Fri 12:40-3:40-6:40-9:40 Sat 11:15-12:40-3:40-6:40-9:40 Sun-Mon 12:40-3:40-6:40-9:40 Tue 4-6:55-9:55 Wed 6:55-9:55 Thu 4-6:55-9:55 Star & Strollers Screening Wed 3
The Nut Job (G) Fri 1 Sat 11:05-1 Sun-Mon 1
The Nut Job 3D (G) Fri-Mon 3:15-5:30-7:45 Tue-Thu 4:50-7:30
Odd Thomas (14A) Thu 7:30
Philomena (PG) Fri-Mon 1:30-7:10 Tue-Thu 7:25
Ride Along (PG) Fri-Mon 12:45-3:10-5:40-8:10-10:45 Tue-Wed 4:50-7:35-10:10 Thu 4:10-6:50
RoboCop (PG) Wed-Thu 4:30-7:30-10:30
RoboCop: The IMAX Experience (PG) Wed-Thu 4-7-10
Saving Mr. Banks (G) Fri-Mon 9:45 Tue-Thu 9:30
That Awkward Moment (14A) Fri-Mon 12:40-3:05-5:35-8-10:30 Tue 4:20-7-9:45 Wed-Thu 4:20-7:35-9:45
Vampire Academy (PG) Fri-Mon 12:10-2:45-5:20-8-10:40 Tue-Thu 4:20-7:20-10:05
The Wolf of Wall Street (18A) Fri-Mon 12-4-8:05 Tue-Thu 4:05-8:05

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Rolling Stone's Hoffman cover swap brings out the worst in 'disgusted' Drake

THE WORD
Dorothy Robinson
scene@metronews.ca

Drake has a little problem with Rolling Stone. The rapper has now sworn off magazine interviews after he claims Rolling Stone tossed his cover for the late Philip Seymour Hoffman for this month's issue — and misquoted him regarding his "mentor" Kanye West's Yeezus" album.

"There were some real questionable bars on there. Like that Swaghili line? Come on, man. Even Fabolous wouldn't say some s— like that," he supposedly said, which the mag then printed. Drake took to Twitter to recant the line. "I never commented on Yeezus for my interview portion of Rolling Stone," he wrote. "They also took my cover from me last minute and ran the issue."

Regarding the "took my cover" mention — that's media speak for Drake being promised the cover in exchange for the interview.

He was apparently then bumped by the editors for Hoffman. "I'm disgusted with that. RIP to Philip Seymour Hoffman. All respect due. But the press is evil," he wrote (it should be noted that all of Drake's tweets have since been deleted). "I'm done doing interviews for magazines. I just want to give my music to the people. That's the only way my message gets across accurately." That, or Twitter.

Colin Farrell ALL PHOTOS GETTY IMAGES

Afternoon delight not so delightful for Farrell since jumping on the wagon

Colin Farrell admits adjusting to a life of sobriety eight years ago was a bit daunting. "I was worried I wouldn't be able to talk, full stop," he tells Elle magazine. "I hadn't uttered a word sober in about 15 years." But that wasn't all he was worried about tackling without the help of a drink. "I made love to a woman about two and a half years after I got clean, and it was one of the most terrifying moments of my life," he says. "It was in the afternoon. The windows and the curtains were open. It was lovely and, to be crass, it wasn't f— ing. She was very gentle. But it was terrifying. Because I was just used to drunkenness and dark rooms and clubs and toilets and wherever."

Lil' Kim shows off lil' bump

Look out, world. Lil' Kim is going to be a mom. The notorious rapper debuted a growing baby bump at The Blonds' Fashion Week after-party in New York earlier this week, telling Us Weekly, "I'm so excited. I'm a few months along. I can't wait to be a mom!" Kim is keeping the father's identity under wraps for now, and she has no plans of slowing down. "I'm still going to work," she says. "I'm still going to be hardcore. The baby has made me even more of a beast."

Lil' Kim

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Happy Valentine's Day!

After Christmas, Thanksgiving and Easter, today is the biggest wine buying day of the year. And it should be. Short of keys to a new car, there's no better way to show your love than from the inside of a glass.

It's a holiday to toot the horn of sparkling wines. Not only do they pair well with everything, they taste sublime all by their lonesome.

Pink versions really speak to Valentine's Day, with France's Louis Bouillot "Perle d'Aurore" Crémant de Bourgogne Rosé ($19.99 - $28.29) a non-vintage, Burgundy-based fizzy that takes its production and grape blend cues from the champagne region.

Its soft, red berry flavours and delicate, crushed raspberry aromatics are a burst of summertime that will warm the winter-ravaged heart of your special someone.

If you're having a love affair with the Olympics this month, crack a Molson Canadian Victory Bottle (625 ml, $4.20 - $4.95). It's a limited edition inspired by the three litre versions given to Canadian athletes during the 2010 games in Vancouver.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Looking for a new and unique take on a savoury Asian classic? Bestselling Australian chef Donna Hay shows us how as we wrap up Metro's sweet week with recipes from her cookbook Fast, Fresh, Simple.

Making V-Day sizzle

Dinner For Two

Chicken with Haloumi and Honey

- 2 x 200 g chicken breast fillets, trimmed
- 150 g haloumi, cut into 4 slices
- 1 tbsp shredded lemon zest
- 6 sprigs lemon thyme
- 1 tbsp each olive oil
- 1 tbsp honey
- fig and arugula salad, to serve

1. Preheat the oven to 180 C (350 F).

2. Place the chicken, haloumi, zest and lemon thyme in a ceramic baking dish. Combine the oil and honey and pour over.

3. Bake for 18–20 minutes or until chicken is cooked through.

4. Serve with a fig and arugula salad. **DONNA HAY, GUSTOTV.COM**

FAST, FRESH, SIMPLE
Donna Hay
gustotv.com

GustoTV

Australian chef Donna Hay is one of the great culinary masters airing on GustoTV. One of Canada's newest TV channels, Gusto features cooking and culinary travel shows each night, hosted by chefs and foodies from around the world, as well as here at home. For more details, check your local listings or visit GustoTV.com.

Ingredients

- 16 wonton wrappers
- 40 g butter, melted
- 16 small squares (120 g) dark chocolate
- 1 tsp ground cinnamon
- 2 tbsp caster (superfine) sugar

1. Preheat oven to 180 C (350 F).

2. Brush the edges of the wonton wrappers with a little butter and place a chocolate square on one half of each wrapper. Fold over the wrappers to enclose and press to seal.

3. Place on a baking tray lined with non-stick baking paper. Brush wontons with butter and sprinkle with combined cinnamon and sugar.

This recipe serves four. BOTH PHOTOS DONNA HAY

4. Blake for 8 minutes or until golden. **WATCH DONNA HAY FAST, FRESH, SIMPLE MONDAY TO THURSDAY AT 6 P.M. EST ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINE-UP AND MORE GREAT RECIPE IDEAS.**

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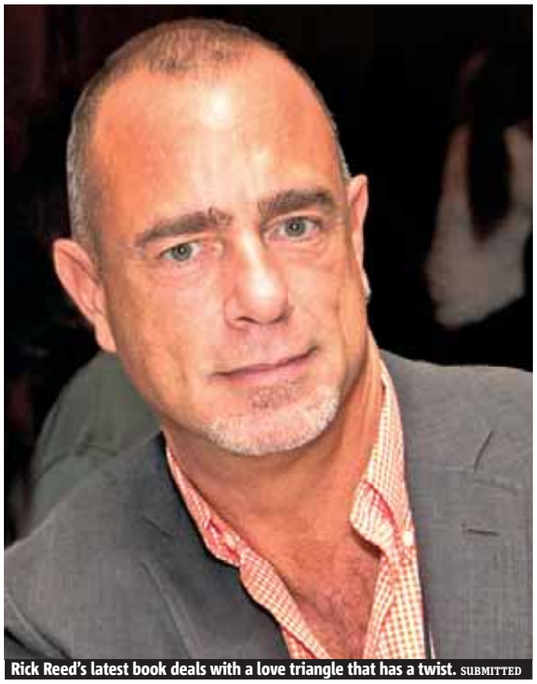

Rick Reed's latest book deals with a love triangle that has a twist. SUBMITTED

Book. Rick Reed's Legally Wed is the story of a gay man marrying a straight woman and falling for his gay wedding planner

ANDREA PARK
Metro World News in New York City

Author Rick Reed was married to a woman before he came out of the closet as a gay man. Now, Reed lives with his husband in Seattle and writes novels.

His latest is Legally Wed, and it tells the story of a man named Duncan who proposes to his boyfriend when gay marriage becomes legal in Washington state. Duncan's boyfriend refuses, sending Duncan into a spiral of confusion.

The main character of Legally Wed, who is gay, wants to marry a woman? Tell me more.
The book is kind of a romantic comedy. He proposes to his boyfriend and gets turned down, so he starts looking for a straight woman to marry because he sees the straight marriage model as an ideal. He meets a woman and they become friends and decide to get married, but the twist is that they get a wedding planner who is gay and he falls in love with the planner, which causes complications.

How closely does Legally Wed mirror your own life?
I don't think I realized this when I was writing this, but I too grew up as seeing straight marriages as an ideal and as the logical thing that one does. Gay marriage wasn't even an option when I was coming of age. I think in some ways the book takes my own life experience and puts a comic spin on it and condenses it down to a short time frame, whereas my experience went over years. It's kind of coming to the fore now that there's something more from my life here than I realized.

You were in a heterosexual marriage before.
We met in college and we were together for three years before we got married, and we were married for seven years. In that time, we had a son and, for the most part, it was a very good marriage. I loved her very much. We got along great and we were good, loving parents and we made a good team, but I was – during this whole time – I was hiding from myself. Hiding from everyone I knew and wearing a mask. Psychologically it got harder and harder to pretend I was something that I wasn't.

When did you tell your wife about your feelings?
It came out when we were having some difficulties, probably three years into our marriage or four years – somewhere in there. And it was something we really tried hard to deal with to see if we could continue to be married and we worked on that for years to try to make it work. We saw therapists and couples' therapists and we really tried to make it work and finally we agreed we needed to go our separate ways because there was no way we could make this work and be fair to each other.

Do you think everything would have been different for you if gay marriage had been legal when you were younger?
Yes, I do. I had some knowledge of who I was but I didn't accept it. If gay marriage had been around when I was 25, then that would also mean society was much more accepting of gay people and that it wasn't a source of shame. If all those things weren't there, then I would have much more easily recognized these feelings and accepted them.

You're married now. How long have you been married?
My husband and I got married the first day it was legal in Washington state in Dec. 2012. We just had our first anniversary in December, but we've been together for 12 years.

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Canada fights off early jitters

Men's hockey. Canucks overcome slow start to dominate Norway

Canadian defenceman Duncan Keith and Norwegian forward Patrick Thoresen race after the puck on Thursday in Sochi. MARK HUMPHREY/THE ASSOCIATED PRESS

Several minutes after Norway took the ice for its pre-game warm-up on Thursday, pucks still hadn't arrived. Players skated or just stood around waiting.

It turned out to be a preview of the second period, when Team Canada found its groove after a slow start and simply dominated the Norwegians on its way to a 3-1 victory in its opening game of the Olympic men's hockey tournament.

It was a stark contrast from Canada's scoreless, sluggish first period, which players attributed to nerves more than any technical adjustments.

Mentally, though, it was like a switch got flipped.

"You're playing your first game and everyone's probably thinking about where they need to be and systems — probably a thousand things going through their minds," captain Sidney Crosby said. "I think just once we settled in and realized how we play and how we need to play, we started to get some good results."

Canada, which got goals from Shea Weber and Jamie Benn during the second and one from Drew Doughty later to provide insurance, was tenuous at best and sloppy at worst early on. Being unsure of the big ice, of new teammates, of unfamiliar opponents, led to pucks hopping over sticks and players going offside at inopportune times.

Getting quality shots wasn't possible because the puck wasn't getting into prime scoring areas.

"I thought in the first period we didn't execute as well as we'd like," coach Mike Babcock said. "I thought we tried hard, didn't execute."

Babcock-coached teams are all about detail-oriented execution. When that was lacking, Norway was able to use tight, five-man units to frustrate the Canadians and keep them off the scoreboard.

Some of the credit has to go to Norway, but the proof of Canada's control over this game came almost immediately after the first intermission. Suddenly the puck was only in the offensive zone, and it looked like the NHL stars were toying with inferior competition.

"We probably calmed down, played our game a little more, kept pucks in, hunted really good, put pucks on net and went there — found rebounds, second chances and really controlled the puck, controlled the pace," winger Chris Kunitz said.

THE CANADIAN PRESS

Preliminary round

Canada	Norway
3	1

USA 7, Slovakia 1

Kessel keeps up his strong play

Phil Kessel had a goal and two assists while his Maple Leafs teammate James van Riemsdyk contributed two assists to lead the Americans over Slovakia.

Finland 8, Austria 4

Finns finding back of net easily

Finland — Canada's biggest rival in the four-team Group B — got off to a winning start behind two goals apiece from Mikael Granlund and Jarkko Immonen.

Russia 5, Slovenia 2

Russian stars deliver the goods

The biggest names in Russian hockey — Alex Ovechkin, Evgeni Malkin and Ilya Kovalchuk — delivered goals for the hosts, to the delight of the Sochi crowd in its win over Slovenia.

TORSTAR NEWS SERVICE

Russia's Alex Ovechkin handles the puck against Slovenia's Marcel Rodman on Thursday. BRUCE BENNETT/GETTY IMAGES

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Thrill of the chase inspires Chan

Figure skating. Three-time world champ trails Japan's 100-point phenom

As the most dominant skater on the planet for the past three years, Patrick Chan has been peering over his shoulder, skating with a target on his back that had grown increasingly heavy.

Canada's three-time world champion goes into Friday's long program at the Sochi Olympics in second place, looking at someone else's back for a change — and it's a position the Toronto skater doesn't mind at all.

"I like being in second, I like being in the chase. It's exciting," Chan said afterward — sounding more relaxed post-competition than he has in a while.

Yuzuru Hanyu — a 19-year-old Japanese phenom who lives and trains in Toronto — won the short program with a whopping world-record 101.45 points, making him the first man in history to break the 100-point barrier.

Patrick Chan gestures as he waits for his results after the men's short program competition in Sochi on Thursday. THE ASSOCIATED PRESS

The 23-year-old Chan, who's gunning for Canada's first-ever Olympic gold in men's singles, scored 97.52, landing a beautiful quadruple toe loop-triple toe loop combination to open the program. But he slightly over-rotated a triple Axel that was so big it got away from him.

Chan is well ahead of third-place Javier Fernandez of Spain (86.98), setting up virtually a two-man race Friday for gold.

It was a rough night for Canada's other two skaters. Kevin Reynolds of Coquitlam, B.C., was 17th in the short program after falling twice. Liam Firus of North Vancouver, B.C., was 28th and didn't qualify for the long program.

Chan's night, by comparison, wasn't nearly so dramatic. He felt relieved he didn't fall on his triple Axel, saying he could tell when he looked on the replay that he "had way more height than normal."

But Chan's performance was otherwise flawless.

THE CANADIAN PRESS

Women's curling

Winnipeg rink improves to 5-0

Canada broke open a tight game in the ninth end and remained perfect in women's curling competition with an 8-5 win over Switzerland.

With the team tied 5-5 in the ninth end and Canada with the hammer, skip Jennifer Jones of Winnipeg scored three to put Canada in control.

Earlier in the day, Canada beat Denmark 8-5.

Canada is 5-0 in the tournament with four games to go, all against weaker teams in the field.

THE CANADIAN PRESS

Men's curling

Jacobs and Co. down the Danes

Canada has improved to 3-2 in men's curling at the Sochi Winter Games following a 7-6 victory Thursday over Denmark (2-3).

Jacobs faces Norway on Friday. THE CANADIAN PRESS

All gone, eh?

Team Canada toques totally sold out

It's so quintessentially Canadian. We've run out of toques.

"Completely sold out. Across the country," is what staff at Hudson's Bay stores are telling customers when asked about the $20 red, white and black-striped hat with the pom-pom worn at the opening ceremony of the Sochi Winter Olympics.

It was confirmed on Hudson's Bay's Facebook page this week.

TORSTAR NEWS SERVICE

MEDALS

Nation	G	S	B	Tot.
Norway	4	3	6	13
Netherlands	4	3	5	12
United States of America	4	2	6	12
Russian Federation	2	5	4	11
Germany	7	2	1	10
Canada	**4**	**4**	**2**	**10**

WHAT CANADA DID

THURSDAY

BIATHLON

Men's Individual 20 km - Brendan Green, Hay River, N.W.T., 21st, (52 minutes 5.3 seconds, +2 minutes 33.6 seconds); Nathan Smith, Calgary, 25th, (52:41.3); Jean-Philippe Le Guellec, Shannon, Que., 35th, (53:25.5); Scott Perras, Regina, 59th, (56:04.3).

CROSS-COUNTRY SKIING

Ladies' 10 km Classic - Brittany Webster, Caledon, Ont., 42nd, (31 minutes 41 seconds, +3 minutes 23.2 seconds); Daria Gaiazova, Banff, Alta., 44th, (31:47.0); Amanda Ammar, Onoway, Alta., 55th, (32:48.8); Heidi Widmer, Banff, Alta., 57th, (33:01.9).

CURLING

Women's Round Robin Session 5 - Canada 8 Denmark 5

Women's Round Robin Session 5 - Canada 8 Switzerland 5 (Standings: Canada 5-0, 1st)

Men's Round Robin Session 6 - Canada 7 Denmark 6 (Standings: Canada 3-2, 5th)

FIGURE SKATING

Men Short Program - x-Patrick Chan, Toronto, 2nd, (97.52); x-Kevin Reynolds, North Vancouver, B.C., 17th, (68.76); Liam Firus, North Vancouver, B.C., 28th (55.04).

x- qualified for Free Program

ICE HOCKEY

Men's Preliminary Round - Group B - Canada 3 Norway 1

FREESTYLE SKIING

Men's Ski Slopestyle Qualification - x-Alex Beaulieu-Marchand, Quebec City, 6th, (85.60).

x- qualified for final

Men's Ski Slopestyle Final - Alex Beaulieu-Marchand, 12th, (21.40)

Men's Ski Slopestyle Final Ranking: Alex Beaulieu-Marchand, 12th.

LUGE

Team Relay Competition - Canada (Alex Gough (Calgary), Samuel Edney (Calgary), Tristan Walker (Cochrane, Alta.), Justin Snith (Calgary)), 4th, (two minutes 47.395 seconds, +1.746 seconds).

SHORT TRACK

Ladies' 500 m Quarterfinals - Heat 1: x-Marianne St-Gelais, St-Felicien, Que., 2nd, (43.595 seconds); **Heat 2:** Jessica Hewitt, Kamloops, B.C., 4th (1:00.971); **Heat 4:** Valerie Maltais, La Baie, Que., 3rd, (43.550).

x- qualified for semifinal

Ladies' 500 m Semifinals - Heat 1: x-Marianne St-Gelais, 3rd, (44.069).

x- qualified for Final B

Ladies' 500 m Final B - Marianne St-Gelais, 4th, (44.359).

Ladies' 500 Final Ranking: Marianne St-Gelais, 7th; Valerie Maltais, 9th; Jessica Hewitt, 13th.

Men's 1000 m Heats - Heat 1: x-Charle Cournoyer, Boucherville, Que., 1st, (one minute 24.787 seconds); **Heat 2:** x-Olivier Jean, Lachenaie, Que., 1st, (1:26.089); **Heat 5:** x-Charles Hamelin, Sainte-Julie, Que., 1st, (1:25.742).

x- qualified for quarter-finals on Feb. 15

Men's 5000 m Relay Semifinals - Heat 2: x-Canada (Michael Gilday (Yellowknife, N.W.T.), Charles Hamelin, Francois Hamelin (Sainte-Julie, Que.), Olivier Jean), 4th, (six minutes 48.186 seconds).

x- qualified for Final B on Feb. 21

SKELETON

Women's Heat 1 of 4 - Sarah Reid, Calgary, 7th, (59.14 seconds , +0.71 of a second); Mellisa Hollingsworth, Eckville, Alta., 15th, (59.68).

Women's Heat 2 of 4 - Sarah Reid, 8th, (59.17, +0.71); Mellisa Hollingsworth, 17th, (59.70);

Ranking: Sarah Reid, 8th, (1:58.31, +1.42); Mellisa Hollingsworth, 16th (1:59.38)

Heats 3 and 4 take place on Feb. 14

SPEED SKATING

Ladies' 1000m - Christine Nesbitt, London, Ont., 9th, (one minute 15.62 seconds, +1.60 seconds); Kaylin Irvine, Calgary, 18th, (1:17.24); Kali Christ, Regina, 21st, (1:17.41); Brittany Schussler, Winnipeg, 30th, (1:18.53).

CURLING

All Times Eastern

MEN

Thursday's results

Canada 7 Denmark 6
Russia 7 Switzerland 6
Sweden 5 Norway 4
Britain 5 United States 3

WOMEN

Thursday's results

Canada 8 Denmark 5
Canada 8 Switzerland 5
Britain 8 China 7
Sweden 9 Switzerland 8
Sweden 7 Denmark 6
South Korea 8 Russia 4
United States 8 Japan 6

HOCKEY

PRELIMINARY ROUND

MEN

All times Eastern

Thursday's results

Canada 3 Norway 1
Finland 8 Austria 4
Russia 5 Slovenia 2
United States 7 Slovakia 1

Friday's games

Czech Republic at Latvia, 3 a.m.
Sweden at Switzerland, 7:30 a.m.
Canada at Austria, 12 p.m.
Norway at Finland, 12 p.m.

CANADA 3, NORWAY 1

First Period — No Scoring.
Penalties — Getzlaf Cda (tripping) 17:19.
Second Period
1. Canada, Weber 1 (Keith, Bergeron) 6:20.
2. Canada, Benn 1 (Bergeron, Doughty) 15:19.
Penalties — Sharp Cda (hooking) 16:03, Keith Cda (holding) 19:33.
Third Period
3. Norway, Thoresen 1 (Olimb) 0:22 (pp).
4. Canada, Doughty 1 (Getzlaf, Marleau) 1:47.
Penalties — Forsberg Nor (interference) 11:01, Kunitz Cda (slashing) 12:17, Bonsaksen Nor (roughing) 12:17, Bergeron Cda (interference) 18:21.

Shots

Canada	9	14	15—38
Norway	8	2	10—20

Goal — Canada: Price (W); Norway: Haugen (L).
Power plays (goal-chances) — Canada: 0-2; Norway: 1-4.
Referees — Mike Leggo, Marcus Vinnerborg.
Linesmen — Andy McElman, Christopher Woodworth.
Attendance — 10,261 at Sochi, Russia.

WOMEN

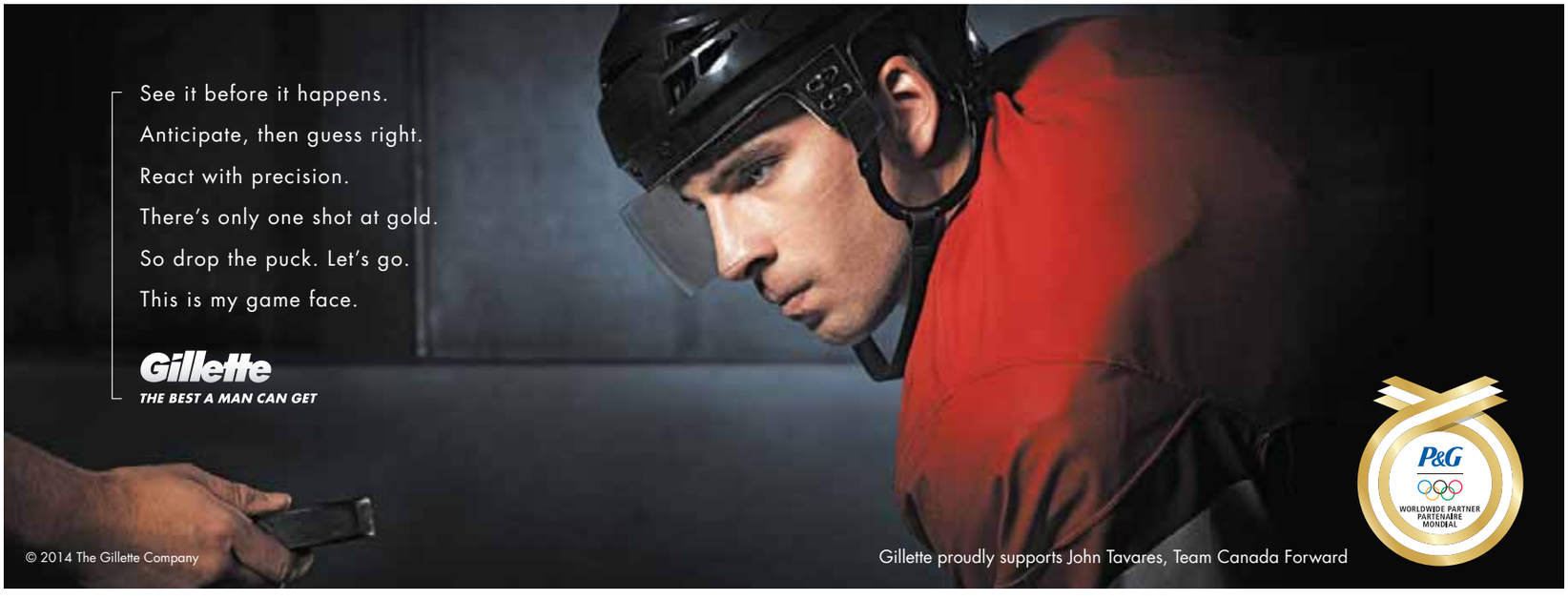
Thursday's results

Germany 4 Japan 0
Russia 3 Sweden 1

Saturday's games

QUARTERFINALS

Finland vs. Sweden, 3 a.m.
Switzerland vs. Russia, 7:30 a.m.



Lions closing in on deal for veteran linebacker: Report

CFL. Club still needs to put finishing touches on agreement which would see Jamall Johnson return to B.C.

CAM TUCKER
cam.tucker@metronews.ca

LB Jamall Johnson may have earned his stripes in Hamilton last season but is B.C.-bound according to TSN. JEFF GROSS/GETTY IMAGES

It appears Jamall Johnson is on his way back to where he started his Canadian Football League career.

According to TSN, the import linebacker and free agent agreed to terms with the B.C. Lions on Thursday. The Lions are expected to announce his signing on Friday, although the deal has yet to be completed.

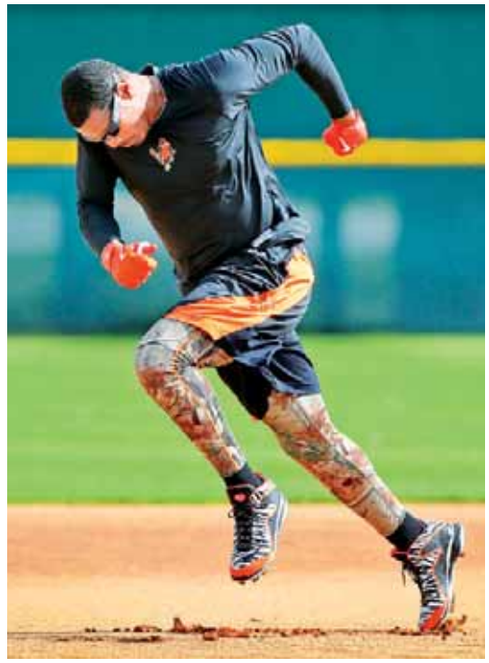
Johnson, entering his 10th season in the league, spent four years in Vancouver, from 2005 to 2008, before trying his hand at the National Football League.

He returned to the Canadian game after getting released by the Tampa Bay Buccaneers, but continued his career with the Hamilton Tiger-Cats, beginning in 2009.

Johnson had 59 tackles and three sacks with the Tiger-Cats last season, as that club made its first Grey Cup appearance since 1999.

Inking Johnson would add to a linebacking corps that includes West Division and CFL all-stars Solomon Elimimian and Adam Bighill.

The Lions had already made an attempt to sign Vancouver College and UBC product Shea Emry on the first day of CFL free agency Tuesday, however he chose to sign with the Toronto Argonauts.



Spring in his step

Baltimore's Adam Jones runs the bases after taking batting practice at the Orioles' spring training baseball facility on Thursday in Sarasota, Fla. Orioles pitchers and catchers are scheduled for their first workout on Friday. GENE J.PUSKAR/THE ASSOCIATED PRESS

Soccer

Whitecaps make three roster cuts

The Vancouver Whitecaps reduced their training camp roster by three on Thursday, ahead of their exhibition match with the University of Victoria Vikes on Sunday.

The Whitecaps cut goalkeeper Patrick McLain, right back Jordan Cyrus and midfielder Michael Calderon.

The MLS club also announced that striker Mackenzie Pridham, who is dealing with an ankle injury, has gone home to continue his rehabilitation and will return to the Whitecaps when healthy.

The annual pre-season friendly kicks off at 2 p.m., at the University of Victoria's Centennial Stadium. The Vikes are coached by former Whitecap and Canadian international defender Bruce Wilson.

The Whitecaps will resume training at UBC after Sunday's match, before travelling south to Portland for the Rose City Invitational. METRO

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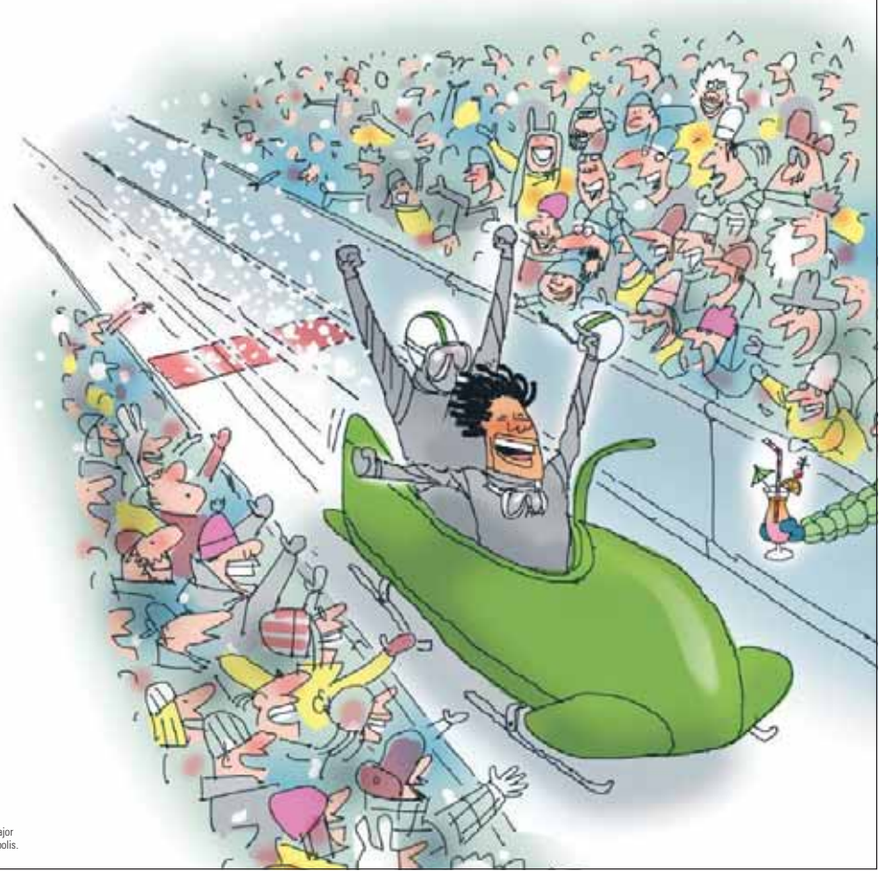


Horoscopes

♈ Aries
March 21 - April 20
Although today's full moon takes place in your fellow Fire sign of Aries you could still get emotional and say things you later regret, so bite your tongue and keep your feelings to yourself — for now.

♉ Taurus
April 21 - May 21
You like to aim high but sometimes you wonder if it's worth the effort. Only you can decide but today is not a good time to make decisions concerning either your career or your family.

♊ Gemini
May 22 - June 21
Today's full moon makes minor disputes seem bigger than they actually are, but now that you know that you can make a conscious effort not to take what you see and hear seriously.

♋ Cancer
June 22 - July 23
What looks confusing now will seem logical come the start of next week, so no matter what happens over the next two or three days, don't let it worry you. That applies especially to money matters.

♌ Leo
July 24 - Aug. 23
Try not to jump to conclusions today because either your grasp of the facts is wrong or you are looking at them through an emotional haze.

♍ Virgo
Aug. 24 - Sept. 23
As today's full moon occurs in the most sensitive area of your chart, things you could not usually care less about will worry you. Provided you don't act on those worries everything will be fine.

♎ Libra
Sept. 24 - Oct. 23
It may be annoying that someone is dragging their feet but don't make an issue of it. The full moon means you just have to accept that not everyone thinks or moves or acts as fast as you.

♏ Scorpio
Oct. 24 - Nov. 22
It seems you're having second thoughts about a career move. You want to move up in the world, of course, but is this the route you should be taking? Think about it but don't make any decisions until next week.

♐ Sagittarius
Nov. 23 - Dec. 21
If you do things for others that they should be doing for themselves it won't be long before they expect you to do it all. Let others know that they need to take more responsibility for themselves.

♑ Capricorn
Dec. 22 - Jan. 20
It seems you'd rather go on making mistakes than admit you're on the wrong track. Your fixity of purpose is often a great strength but not when you so obviously need to change direction.

♒ Aquarius
Jan. 21 - Feb. 19
Today's full moon can either be a positive or a negative influence, depending on how you choose to react to people who annoy you. No matter what they do or say, just smile.

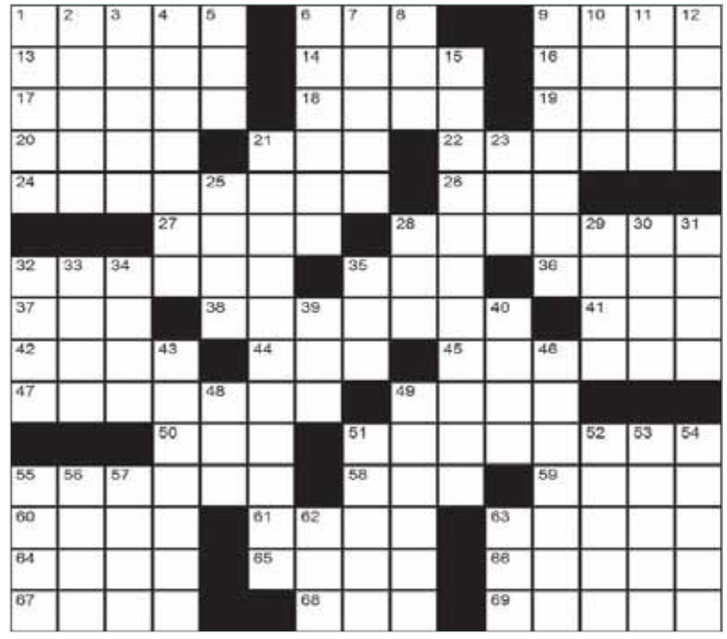
♓ Pisces
Feb. 20 - March 20
What you have been doing is good but the way you have been doing it is bad and today's full moon will in some way highlight that fact.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



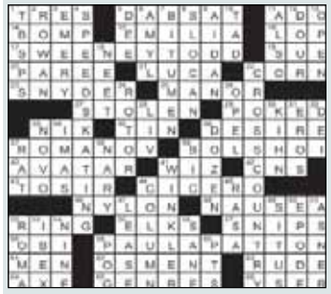
Across

1. Valentine's Day shape
6. SOCHI 2014 - US broadcaster of the Olympics
9. Hailed rides
13. Variant-spelled sea eagles
14. Banned orchard spray
16. Odd mixture
17. Hair salon service
18. Jackson 5 member
19. Eve's opposite
20. Gull-like bird
21. Witty wordplay
22. SOCHI 2014 - Alpine Skiing event, __-_
24. Greeting card company
26. 'Propyl' suffix (Flammable gas)
27. Books bag
28. It's on the Ontario-Quebec border, Lake __
32. Detector
35. CV of life
36. Rosie O'Donnell movie, "Exit to __" (1994)
37. Deuce
38. Actor, Sir John __ (b.1904 - d.2000)
41. "Yikes!"
42. River to the Ubangi
44. Grand __ (Wine classification)
45. Is feeling seasick
47. Count __, Anna Karenina's beloved
49. Cooking fat
50. __-Tac-Toe
51. SOCHI 2014 - Winter Olympics sport
55. Berlin's "Take My __ Away"
58. Sewing __
59. Rattle
60. Elusive snowy monster
61. Genesis kid
63. Fennel-like flavour
64. Blue/green
65. Man on the Moon
66. Beeped
67. Extensions
68. Li'l response
69. House builder's needs

Down

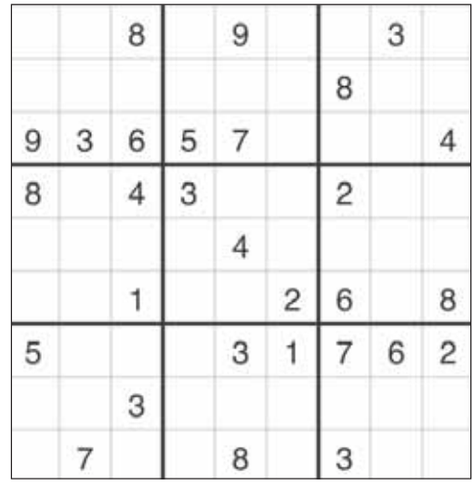
1. Famed journalist, Seymour __
2. "Parenthood" actress Ms. Christensen
3. Invalidate
4. Sprinkles that non-slip stuff on the winter roads again
5. The Waste Land poet's monogram
6. Mother __
7. Rock band, __-182
8. Feline
9. SOCHI 2014 - Go for the gold
10. Balm additive
11. Whirring sound
12. Tunesmith's creation
15. Romantic gift on February 14th: 2 wds.
21. SOCHI 2014 - Canadian star of Figure Skating: 2 wds.
23. Single
25. Retro synthesizer
28. Lettered insurance co.
29. Creative thinking result
30. Hive denizens
31. Like tattoos
32. Alphabetic sequence
33. Spouted water container
34. __ contendere (Court plea)
35. __-ray player
39. 'Brew' suffix
40. Affaire d'honneur
43. Necessitates
46. Bangles ballad: "__ Flame"
48. Rest
49. Abilities
51. Bundle of yarn
52. Boreal forest
53. Mary-Kate __
54. Shortages
55. Computer's nibble?
56. Careen
57. And others, briefly: 2 wds.
62. Princess Eugenie's sis
63. Smartphone add-on

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

3	2	5	4	7	8	1	6	9
1	9	6	5	2	3	7	4	8
4	7	8	9	6	1	2	5	3
9	3	1	6	5	2	4	8	7
8	5	4	7	1	9	6	3	2
7	6	2	3	8	4	5	9	1
6	4	3	2	9	7	8	1	5
2	1	9	8	4	5	3	7	6
5	8	7	1	3	6	9	2	4

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